



St Leo's Catholic College

Remote Learning Daily Routine

Time	Activity
Before School	Eat breakfast and get some fresh air Take some time to meditate and pray
Get ready for the day	<ul style="list-style-type: none"> - Check you can access your online resources (Google Classroom, Zoom etc) - Check your emails - Ensure you are in a low distraction zone - If you have a zoom session that day, make sure you are wearing your uniform and a pair of headphones - Fill your water bottle
Prayer	Week 9 Daily Prayer
8:50 - 9:45 P1	Using your timetable, access your Google Classroom page relevant to this period and class Read the instructions, engage with the content and complete the related activities. Students are requested to make note of the time and date that the work is due. If there is any issue, email your teacher
9:45 - 9:55 Break	Stand up, have a walk, go to the bathroom, fill up your water bottle
9:55 - 10:50 P2	Using your timetable, access your Google Classroom page relevant to this period and class Read the instructions, engage with the content and complete the related activities. Students are requested to make note of the time and date that the work is due. If there is any issue, email your teacher
10:50 - 11:10 Recess	<ul style="list-style-type: none"> - Where possible, go outside and take in some fresh air - Have something to eat - Give your eyes some screen free time
11:15 - 12:10 P3	Using your timetable, access your Google Classroom page relevant to this period and class Read the instructions, engage with the content and complete the related activities. Students are requested to make note of the time and date that the work is due. If there is any issue, email your teacher
12:10 - 12:20 Break	Stand up, have a walk, go to the bathroom, fill up your water bottle
12:20 - 1:15 P4	Using your timetable, access your Google Classroom page relevant to this period and class Read the instructions, engage with the content and complete the related activities. Students are requested to make note of the time and date that the work is due. If there is any issue, email your teacher
1:15 - 2:00 Lunch	<ul style="list-style-type: none"> - Where possible, go outside and take in some fresh air - Have something to eat - Give your eyes some screen free time - Try some physical activity: St Leo's Online Gym: Week 9 PT Session with Mr Kember
2:00 - 3:00 P5	Using your timetable, access your Google Classroom page relevant to this period and class Read the instructions, engage with the content and complete the related activities. Students are requested to make note of the time and date that the work is due.

	If there is any issue, email your teacher
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Remember that while engaging with the St Leo's Remote Learning Policy, you are able to continue to grow in the:

- [6 Growth Domains](#) (Spiritual, Academic, Physical, Cultural, Social and Emotional and Environmental)
- [6 Deep Learning Skills](#) (Christian Citizenship, Critical Thinking, Collaboration, Creativity, Character and Communication)

Please remember to upload relevant examples of your work into the various categories above for your ePortfolio on the [St Leo's Learning Den](#).

Enjoy the learning journey ahead as we pioneer a new educational frontier and launch out **into the deep!**

God Bless,

Mr Petrie