

Dear Parents and Caregivers,

Please find below the Week 7 Term 2 2020 edition of the Parental Lion Roars.

From the Principal

Mr Anthony Gleeson

Dear Parents and Caregivers,

National Reconciliation Week

Last week the College celebrated and supported National Reconciliation Week and its theme 'In this Together'. These dates commemorated two significant milestones in the reconciliation journey; the successful 1967 referendum and the High Court Mabo decision.

In 2020, Reconciliation Australia marks twenty years of shaping Australia's journey towards a more just, equitable and reconciled nation. A lot has happened since the early days of the people's movement for reconciliation, including greater



acknowledgement of Aboriginal and Torres Strait Islander rights to land and sea; understanding of the impact of government policies and frontier conflicts; and an embracing of stories of Indigenous success and contribution.

In speaking with a number of students they questioned and raised the need for a greater rate of change, citing First Nations People's constitutional acknowledgement, the placement of Australia Day in the calendar, a more representative national anthem, and better health and education standards for all Australians as ways we could improve reconciliation.

Throughout the week, our young people participated in a number of activities recognising Reconciliation Week including the Healing Hands, Indigenous artworks, Aboriginal music, a reflection in each Mentor Group and culminating with Mass with Fr Peter (Dean of Hornsby Cathedral) at lunchtime last Friday in the College Chapel which focused around world peace and tolerance.

Dr Prue Salter - Successful study through Covid-19 and beyond

The College recently purchased a resource for our Year 12 students from Dr Prue Salter on assisting them to be successful at their studies through Covid19 and beyond. We have had Dr Prue Salter at the College on numerous occasions in the past, but given the Covid19 situation this was not possible this Term.

Click here to read her tips on helping students manage the transition back to on-campus learning.

Study and Career Pathways (all Year groups and parents)

Ms Mel Timmerman (right) – our Leader of Community Partnerships & Pathways, has recorded over 29 virtual talks from various employers and tertiary educational institutions. **This week's schedule will include:**

- TAFE NSW, Torrens University, Sandra Duarte from Centrum Printing & Lendlease
- There will be another 19 presentations by the conclusion of this

All talks and info can be found on the DBB Pathways YouTube
Channel: Study & Career Pathways DBB & DBB Pathways Facebook

Page: Study & Career Pathways Information

Well worth a view on the Pathways YouTube channel (below right).

Tony Gleeson Principal

From the Assistant Principal

Mr Daniel Petrie

Semester One Reports

The College will be releasing Semester One Reports to parents **via Compass** on the following dates. We are pleased to be offering the addition of a Year 11 Report at the Conclusion of Semester One as the College aims to increase its feedback on the learning journey of each student.

Y12: Released via Compass: June 25 Y11: Released via Compass: July 3 Y10: Released via Compass: July 1 Y9: Released via Compass: July 1

Y8: Released via Compass: July 1

Intake 2020 (Y7): Released via Compass: July 1

Uploads = FLATALL Common Education - Virtual Table Common Education - Vi

Developing th

skills students need for the fut world of work

A new and innovati rogram from years 7

to better prepare stude for life beyond school

Compass

Over the last six months, the College has transitioned to Compass as the platform for communicating and reporting. It is **vital that all parents have access to their login** details. If you are not aware of your login details, you should contact the College as soon as possible. If you have forgotten your password, simply click the 'forgot my password' link and you will be redirected to a reset password email.

Year 10 (Year 11 2021) Subject Selection Parent Information Evening via Zoom

The College will be hosting a Parent Information Evening for Year 11 2021 Subject Selections from **7pm on Wednesday**, **June 10**.

Due to present Covid-19 restrictions, the College will be hosting this evening as a Zoom meeting. You can access the Zoom session via **THIS LINK**.



We expect the presentations to be approx. 30mins, followed by Q&As. Members of the College Leadership team will also be present for this important transition in the learning journey of your daughter or son.

All videos relating to each course on offer as well as the Course Handbook are available under the 'Current Students' tab on the College website. Students have received a webcode via their College email address to enable them to make their preferences online by Thursday next week. The printed summary form that requires a signature by the student as well as parents is due to reception by Friday 12th June. Please take some time this weekend to peruse the material available and hold a conversation with your daughter/son about their preferences.

We look forward to the journey ahead as they pave their way towards their HSC studies.

Q&A Zoom Session with Careers Specialist Kathryn Taylor for Y10, 11 & 12 Parents

Career Conversation Videos for Parents

The Broken Bay Catholic School Parents engaged career expert, Kathryn Taylor of Turning Point Consulting (www.turningpointconsulting.com.au) to create the videos for parents about how to start a careers conversation with their child and post school options for their child. These videos act as a starting point for parents of mostly years 10, 11 and 12, to develop a deeper understanding around the options available and how to have productive conversations to help guide their children. Feedback from parents who have watched the videos is that they are great start to the subject selection and post school options process and provide a clear overview for parents. You can watch the videos HERE. (Please Note, we will be posting a new video soon specifically around subject selection for Year 10 parents predominantly, but also useful for years 8 &9).

Q&A Session

On **Wednesday**, **June 17 at 7pm** the College will be hosting a **Q&A Zoom Session Evening with Kathryn Taylor** for parents. This evening will enable you to speak directly with Kathryn and to ask questions that relate directly with their daughter or son. The College will distribute the link to this zoom session in a separate email with a specific flyer attached from Broken Bay Catholic School Parents.

From the Acting Director of Evangelisation & Catholic Formation:

Mr Nathan Smith

Regular Prayer Opportunities at the College

We have regular opportunities for prayer at the College throughout the week. Every day the College prays the daily Examen at 1:10pm. This is an opportunity for everyone to participate in a short personal reflection. I encourage all students to stop their work, be quiet and still, and reflect during this moment in the day. However, if they do not wish to participate in the Examen, I ask that they be respectful of those around them who do wish to pray. Please have a conversation with your young person about whether they participate in this daily prayer or not.

In addition to the daily Examen, we have the following opportunity for regular prayer during the week:

- Morning Mentor prayer
- Rosary in the Chapel on Wednesdays at recess
- Lunchtime Mass on Fridays in the Chapel
- Prayer during Religious Education classes

In addition to these regular prayer opportunities, the College Chapel is open all day for students who wish to say their own personal prayer or who may wish to have a quiet space for reflection. I encourage all students to make use of this beautiful space within their school.



Vinnies Winter Appeal

As the colder weather rolls in, it is a timely reminder for us to stop and reflect about those who are less fortunate than us.

This includes our fellow citizens who are living rough on the streets or who do not have a regular place to call home. One way that we can contribute to the Vinnies appeal is by donating quality clothes (especially warm clothes that will be useful during the colder months) or non-perishable food items (cans of vegetables, soups, etc). Students can now bring donations into the College and drop them off in the Youth Ministry Room. More information to come on this but in the meantime, you can visit the St Vincent de Paul website for further details about the appeal:

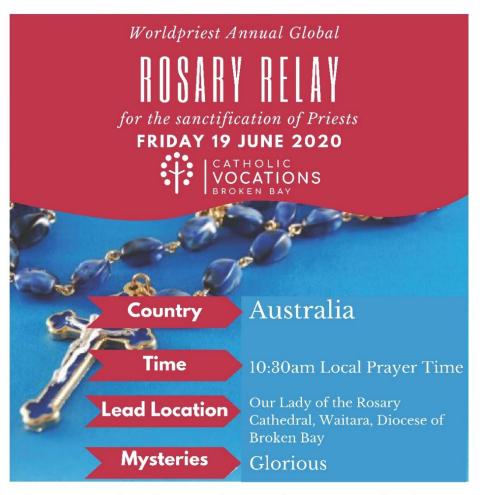
Annual Global Rosary Relay - 19 June 2020 at 10:30am

Every year the Broken Bay Diocese participates in the Annual Global Rosary Relay for the sanctification of priests on the Feast of the Sacred Heart of Jesus. This is its eleventh year, with more prayer locations than ever, taking part in what is now recognised as a truly significant and powerful devotional initiative within the Catholic Church to recognise and bless the work of priests serving the faithful the world over.

The Rosary Prayer Relay will be live streamed from the Vocations Broken Bay Facebook Page from 10:30am.

Friday Lunchtime Mass

It was wonderful to celebrate Mass again last Friday in our College Chapel. Thank you to Father Peter for leading us in the Eucharist and it was wonderful to see so many students and staff joining in prayer (with appropriate health and hygiene practices).



Live-streamed on the Vocations Broken Bay Facebook Page https://www.facebook.com/BrokenBayVocationsMinistry/



Mass will continue to be held in the College Chapel every Friday and commences at 1:20pm. All are welcome to attend.





National Reconciliation Week

I would like to extend my sincere thanks to all those who participated in National Reconciliation Week activities this year. The students seemed to have enjoyed the opportunity to reflect and participate through the variety of initiatives that were on offer.

It is obviously a challenging and very emotive time locally and globally at the moment and raising awareness about issues of racism, injustices and inequality within our own national context is important for us to do as a socially-aware Catholic organisation who educates young people. We can certainly improve on this kind of education and we will continue to work on this into next year's Reconciliation Week.









Parent Resources

https://www.csodbb.catholic.edu.au/parenthub/Overview/251andhttp://walkingtheway.dbbcso.org/

Upcoming Activities and Events

Now with Covid-19 lockdowns and restrictions changing, we are in a position to start re-planning Evangelisation and other formation events for students. As such, the following events are back on the radar (however specific activities and dates are still to be confirmed):

- Feast of St Ignatius of Loyola Friday 31 July
- St Leo's Tree Day Planting and Liturgy Friday 31 July TBC
- Feast of the Assumption Mass Friday 14 August TBC
- Year 12 Retreat 21-23 September TBC

This is very exciting but of course, all appropriate health and hygiene practices will be observed and the relevant procedures will be implemented if any of these activities go ahead. Further details will be provided once the event has been confirmed.

From the Director of Students

Mr Ashley Johansen

College Uniform & Grooming Standards - raising our profile!

Now that we are in Winter, a number of students are beginning to wear casual garments that do not align with our Uniform and Grooming guidelines, including *hoodies*. Garments that do not align with our guidelines (see Student Diary) will be confiscated and held by the College until the end of the day. Students will be issued a **Compass Demerit** (count towards Wednesday Reflective Growth Intervention or RGI) if they are not meeting expectations. However, if for any reason a student is not in correct uniform they must present a parent/caregiver written note to their Year Leader before 8:30am and obtain a Uniform Pass. The following is also important:

*College tracksuits are only to be worn if a student has timetabled PDHPE/Sport or is representing the College in a relevant sport/activity, otherwise full Winter uniform should be worn.

*Representative garments with Broken Bay/Combined Catholic Colleges (CCC) logos are only to be worn if a student is representing the College offsite in a relevant sport/activity, otherwise full Winter uniform should be worn.

As stated in the Student Diary, the wearing of the uniform correctly shows pride in one's appearance and enhances the reputation of the College in the wider community.

Positive Parenting

Despite the best efforts of parents around the world, the reality is, there is no such thing as the 'perfect parent'. However, resourcing yourself with the right information is a good start!

Research shows that one of the most important protective factors in the lives of young people, is a close relationship with a supportive adult. With the **mental health** of today's young people being at an all-time low, it is simply not enough to parent effectively. Parents now need to familiarise themselves with practical skills, knowledge, and strategies when it comes to raising children.

Sometimes parents today are overprotective, resulting in children being less independent, unable to problem-solve or self-regulate. Parents may not set clear boundaries, which unfortunately may make children feel less secure. There is a great deal of pressure on children in the 21st century.

On **SchoolTV**, which is available via the College website, parents can learn **what is the best approach** for primary and secondary school aged children. We hope you take time to reflect on the information offered in this important support site and, as always, we welcome your feedback.

If you do have any concerns about the wellbeing of your child, please contact the College for further information or seek medical/professional help.

See link <u>SchoolTV - Positive Parenting</u> for more information and online resources.

Useful PDFs

Young teens (12-14 years) Teenagers (15-17 years)

From the Director of Administration

Ms Therri Ellison

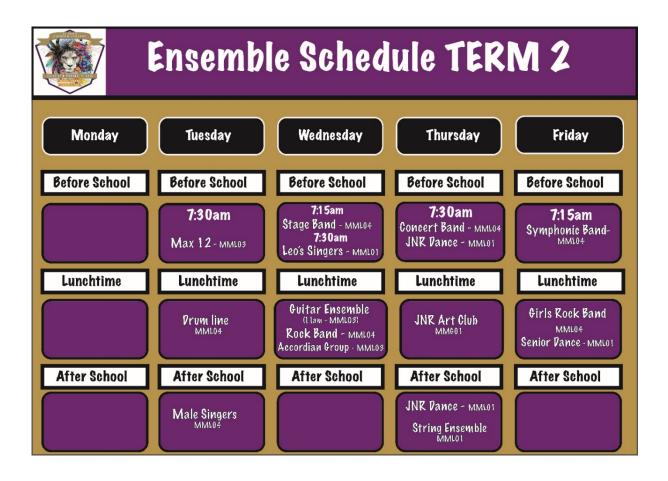
Year 10 Subject Selection for Year 11 2021

On Thursday morning we had a very successful form meeting with Year 10 students where they were able to ask questions of various KLA Leaders and watch the videos summarising each subject. The process going forward is outlined here.

From the CAPA Co-curricular Coordinator

Mr Vince Tavernese

All CAPA Ensembles will recommence next week (Week 8, Term 2). Please check Google Classrooms for more information:



From the Aerobic Coordinators

Ms Jessica Watts & Ms Tamara Bowman

Aerobics

The aerobics comp this year was altered in accordance with social distancing rules. As we could not compete in a live event, our teams were given automatic entry into the State Comp however they were also given the opportunity to submit footage of their routines for feedback from the judges. All our teams submitted footage taken in term 1. The feedback they received was positive and constructive and will be used at training to get even better for the state competition later in the year.

Our two single competitors were not given automatic entry into the state competition and had to submit footage if they wanted a chance to qualify. We are happy to announce both Ruby and Jing Xuan are through to the state comp based on their video submissions. Well done to both girls.

We would like to acknowledge the continued commitment of all our aerobics students. It is hard to stay focused when what you are working towards is unknown. We would also like to acknowledge the continued commitment of our aerobics coaches who have kept their teams on track and training regardless of the competition outcome.

There are no firm plans for the State Competition. Our teams continue to train in the hope this competition will take place later in the year.

Community Notices

* Possibly of interest to Intake 2020 (Year 7) students (note Creative Kids vouchers can be used):



BLAST OFF INTO THE WORLD OF STEM at MACQUARIE UNIVERSITY

Join our exciting science, technology, engineering and maths programs for Years K-7 during the July school holidays.

- Class topics include robotics, learning about dinosaurs, astronomy, DNA, and many, many more.
- Our classses are designed to teach concepts through experiments, art, drama, physical activity, craft & other hands-on activities.
- · New courses are always added & all-time favourites are rotated each school holidays.
- Procedures for COVID-19 are in place and arrangements made for full refunds in the case of illness so parents don't lose money. Book with confidence.



Creative Kids
vouchers (value
\$100) can be
claimed for any
robotics or coding
class. Apply
through
ServiceNSW for
your child's
voucher.

Drop off	8.30am - 9.30am
Activities	9.30am - 4.30pm
Pick-up	4.30pm - 5.30pm
Cost	\$126.50

Want more information? Visit our website: mq.edu.au/about/holidays

