

Dear Parents and Caregivers,

Please find below the Week 2 Term 4 2020 edition of the Parental Lion Roars.

From the Principal

Mr Anthony Gleeson

Dear Parents, Caregivers and Friends of the College,

This week we keep in our prayers and thoughts our Year 12 students (and their families) who commence their HSC Exams today. These exams go until Wednesday, 11 November.

Thank you to those families who put their names forward to 'adopt' one or more of our Year 12 students to pray for them as they undergo these exams - particularly with the year it has been!

I would like to make special mention of the families of our HSC students. This year has not only been an absolute challenge for our students, but their families as well. Much of the support, kind words and strength you have shown our students goes unrecognized, but many of us are acutely aware of the extra burden it has placed on families with all the other factors of Covid-19.

Parent Teacher Interviews

Bookings for Intake 2020 to Year 10 Parent Teacher Interviews are **NOW OPEN**. For more information, see the Assistant Principal's Report on page 2.



I believe our families, staff and the College have supported our students through and beyond the HSC. Our Year 12 cohort will display their talents in the current exams, but also use their creativity, resilience and imagination; nurtured over the last 18 or so years, empowering them to thrive in our present and future world.

This recognition takes nothing away from the students themselves. There are many, many examples I have witnessed over these recent months of social and academic support from peers. From the days of lockdown in March right through both sets of holidays (Stuvacs) and up to last Friday evening when I walked out of the College grounds at 6.15pm with five Year 12 students who had been in the Aquinas Resource Centre studying (as well as enjoying each other's company). It highlights to me the value of lifelong friendships and the relationships formed at the College.

Staffing

After 10 years of service to the St Leo's community, **Mr Louie Tiglao** will be leaving us this Friday to teach at a school much closer to his home. Over the past 10 years, Louie has been a valued member of our Science faculty, and in these later years as a Leader of Learning (Pastoral Care, currently Year 10). Louie has also been heavily involved with coaching our College basketball teams at both school and representative levels.

More recently he has turned his talents to be the person behind the camera for many of our online presentations and videos, as well as teaching others his craft.

He will be sorely missed by students, staff and parents. He takes up his new position with my full support, given the stage he is at in his career and with a young family. We wish Louie all the best in his new ventures.

Introducing 'Catholic Schools Broken Bay' (CSBB) - formerly CSO

Last week Bishop Anthony and Danny Casey, Director, Catholic Schools, launched a new image and a new brand of the Catholic Schools Office. The 'old' Catholic Schools Office (CSO) will now be known as **Catholic Schools Broken Bay (CSBB)**. This rebranding follows the various strategies and *Towards 2025 Strategic Plan* which has already been launched. CDBB is one with the schools; it serves and works alongside the other agencies in the Diocese of Broken Bay.



Have a great week.

Tony Gleeson Principal

From the Assistant Principal

Mr Daniel Petrie

Parent Teacher Interviews

After the very positive response from parents regarding the Stage 6 Parent Teacher Interviews via Zoom, the College will be using the same platform for Stage 4 (Intake 2020 -Year 8) and Stage 5 (Year 9 - 10). These will take place over two Tuesday evenings.

- Intake 2020 & Year 8 Tuesday, Week 3 27th October, 4.45 8.30pm
- Year 9 Year 10 Tuesday, Week 4 3rd November, 4.45 8.30pm

Bookings are now open. To book your Parent Teacher Interviews:

- 1. Log into Compass
- 2. Once logged into Compass, a notification will appear under 'My News' informing you Parent Teacher Interviews are now open to make appointments.
- 3. Select 'Click here for bookings' with this notification, which will take you to the bookings where your son or daughter's teachers' names will appear.
- 4. Select the teacher's name and an available time slot (in white) to book a time. Repeat this process for each teacher.
- 5. There is also a button 'Show me how to book' which will give you further instructions if needed.

Zoom Links for Interviews:

Please see this document for the list of Zoom links for each staff member.

Please click on the link to log into the meeting **2-3 minutes before your designated time** with the required teacher. You will be sent to a 'waiting room'. Once the teacher is finished with the previous meeting, they will allow you into the zoom meeting for your booked Parent Teacher Interview.



Please note: Due to the nature of Zoom interviews, keeping to time will be most important to ensure delays are avoided where possible. If you require further time for discussion, please let



the relevant teacher know and they will make the necessary arrangement for a second Zoom meeting at a later date. The College looks forward to this important step in the learning journey of your daughter or son.

TTFM Survey

The College will be partaking in the '*Tell Them From Me Survey*' again this year.

Please note the survey will now be open from next Monday, 26 October (Week 3).

The TTFM data can be readily used for school planning and evaluation while providing an incredible insight on what key stakeholders have



to say about Engagement, Faith Formation, Wellbeing and Effective Teaching. This survey enables all parents of our community to have their voice heard. Such information is vital for creating a shared vision for the College.

Parents will receive an **email via Compass** with the link to complete the survey. The survey will take approximately 15-20 minutes to complete and would very much appreciate it if all parents could complete the survey.

Duke of Edinburgh Evening

All present and prospective students and their parents are invited to participate in a Duke of Edinburgh Information Evening via Zoom on Wednesday, 21 October. This will be an opportunity to speak with our new College-based Coordinators as well as the Diocesan Coordinator. Exciting developments have taken place for this important program.

If you have any queries, please contact Ms Kelly Li.

Time: 7.30PM via this Zoom link.

Blessings and stay safe.



From the Acting Director of Evangelisation & Catholic Formation

Mr Nathan Smith

Street Retreat – Wednesday, 28 October

The College's Street Retreat program recommences next week with Mr Ralph Kershler. Operating under COVID-safe protocols, this will see a small group of Year 10 Students venture out onto the streets of Sydney to gain a greater understanding of how the disadvantaged and poor live in our society.

If any Year 10 student is interested in participating in the Street Retreat program, please see Mr Kershler on Monday or Wednesday in the Youth Ministry Room for further details.





Seasons for Growth

The Seasons for Growth program continues at the College. This is a very important program for students who have experienced trauma and grief from the loss of a loved one, or as a result of family/parental separation.

If there has been an unfortunate event in the life of your child and you feel that additional pastoral care and support is needed, please contact your child's Year Leader and they can provide you with additional details of this program.

Please Keep in your Prayers

We ask that you continue to keep in your thoughts and prayers those members of our community who are sick or who are experiencing difficult times at present. We especially pray for Mr Jim Sturgiss - Teacher and Colleague of ours at St Leo's - and his family during this difficult time.

"Acknowledging the good that is already in your life is the foundation for all abundance." Eckhart Tolle

From the Youth Ministry Coordinator

Deacon Adrian Gomez

Refugee Food Drive

Thank you to all those who have donated food and supplies for JRS to distribute amongst the refugee and asylum seeker families who are facing destitution with no government support during this pandemic. Over 300 children each week, along with their families, will directly benefit from your kind contributions. I will be dropping off this first load of supplies this weekend. Please keep the donations coming in.

As the Youth Ministry Room is sometimes closed a second donation point has been set up in the main Reception area.

Thank you!

From the Director of Pastoral Care & Wellbeing

Mrs Lindy Sykes

Youth Engagement Strategy - TAFE Taster Courses



We have a number of Year 10 students participating in this TAFE NSW funded Program in Term 4. The aim is to engage students by allowing them to experience alternative vocational options other than the normal school curriculum. Courses chosen include Introduction to Automotive, Carpentry, Childhood Education, Fashion Design, Illustration & Branding, and Introduction to Gaming & Animation.

Addictions

Your young person may encounter alcohol, drugs or vapes for the first time during high school. They may encounter them at a party and may be tempted to try them out of curiosity, or to join in with their friends, or to feel better. Some young people may start to self-harm to relieve stress and bad feelings or to feel more in control.

Such addictions come with risks. They can:

- have a negative impact on mental health.
- impact on punctuality and reliability, and reduce the ability to concentrate.
- increase risk-taking behaviours

How can parents help?

- Allow opportunities to talk together about emotions, and to show that this is normal and useful.
- Talk with your teen, but also listen.
- Be aware of and involved in your teens' lives.
- Get to know their friends and how they spend their time.
- Make decisions together when you disagree on something.
- Encourage them to get involved with sports and creative pursuits.
- Spend time together in a fun way where you can work together on a shared goal.

For a powerful short illustration of the impact of addiction without words, <u>watch this video</u>. It could be a good discussion starter.

Further useful sites include:

- Reachout.com.au
- Beyondblue.org.au
- Special Report: E-cigarettes and Vaping.

Yoga and Mindfulness Sessions for Students

This Term, students will have the opportunity to participate in yoga or mindfulness sessions to assist with peace of mind and wellbeing.

Mr Ralph Kershler will lead Yoga classes for Year 11 students after school on Mondays, and Mindfulness for all year groups. Please <u>email Mr Kershler</u> or contact him on 0418 477 846 to book into the sessions or for more information.

From the Pathways Coordinator

Mrs Mel Timmerman

In Term 4, the Pathways Program continues to offer great opportunities for students to get to know an industry better, participate in career or industry workshops and learn more about different careers.

Coming up in Weeks 2 and 3:

- 1. Code Camp (every Wednesday, after school)
- 2. Ward Civil Engineering Career Talk & Maths Challenge Thursday, 22 October (for Year 11: Engineering and Advanced Maths students)
 - A female Civil Engineer from WARD Civil Engineering will be joining Year 11 Maths and Engineering students this Thursday to talk about careers within (Civil) Engineering. A Maths challenge will help students not only learn more about civil engineering careers but also how maths is used in the workforce.
- 3. JMC Academy Song Writing & Production Workshop Friday, 23 October (Periods 1 & 2)
 - The JMC Academy will visit St Leo's for a tailor-made Song writing and Production workshop for our students. This workshop will focus on the journey a song can take from an initial flash of inspiration, through development, crafting and editing, to then laying ideas alongside other virtual instruments and then full production to create either a workable demo or potentially something to release into the wider world. Students will also learn about how to develop lyrics, how to tease





new melodic and harmonic ideas from a first concept, and how to then build a song into a fullersounding production. There is still room for a few more students to join by <u>registering here</u>. This session is open to all interested students.

- 4. Master Builders Zoom Session Apprenticeships & Industry expectations 2021 Wednesday, 28 October (7pm)
 - The Master Builders Association will be holding a virtual talk via Zoom, next Wednesday at 7pm. They will be talking about:
 - Apprenticeships within the Construction Industry
 - Master Builders Pre-Apprenticeship Program
 - How to register your interest in starting your career in the building and construction industry.
 - This virtual talk is open to Year 10-12 students, parents and other interested family members. You can <u>register your interest here</u>.
- 5. AR/ VR Pilot Program Kick Off Week 3, 2020
 - Five Intake 2020 and Year 8 students have been selected for a special and exclusive pilot program with Tradiebot. These students will have access to Tradiebot's special course materials and learn the ins and outs of AR and VR programming and modelling. This program will run for the remainder of the Term and will continue into 2021.

Career Information & Course Guides

Just a quick reminder that all parents/carers and students have access to university undergraduate course guides, Apprenticeship & Traineeship information, details on how to find work, etc. <u>via the Pathways and</u> Careers page on the College website. The password 'leoscommunity' is required to access this page.

Have a great week and don't hesitate to <u>email me</u> if you have any questions or suggestions regarding the information above.

From the Aquinas Resource Centre

Ms Michaela Hashim

It's Book Week 2020!

This week we are celebrating Book Week! A big congratulations to the winning books and authors. Many of the shortlisted books are available in print or eBook format through the Aquinas Resource Centre.



Students are invited to come to the Aquinas Resource Centre to join in the activities we have planned and celebrate all things books.

• *'We read too! Can you guess who?'* Students try to match the staff member with a book they have read recently or count as a personal favourite. Which staff member still loves 'The Wind in the Willows'? Who counts 'The Girl with The Dragon Tattoo' as a personal favourite? Who loved reading '488 Rules for Life'?

• **#bookface**. Students choose a book cover and line their face or another body part alongside the book cover that features a matching body part so that it looks like there is a melding of the person and the book cover.



• **Digital Scavenger Hunt.** Solve the clues to answer questions about books we have in our collection.

We are looking forward to seeing many students in the Aquinas Resource Centre to celebrate Book Week. The importance of reading is nicely summarised in this quote by the Australian author, Tim Winton:

Readers are leaders. Readers are friends. Readers are dreamers. Readers are weirdos. Readers are rebels and I say thank goodness for readers. For where there are readers there's hope.

From the CAPA Co-Curricular Coordinator

Mr Vince Tavernese

Year 7 Theatre Sports

The CAPA team is happy to announce that Intake 2020 (Year 7) Theatre Sports will be running their first session this Wednesday! Mrs Murphy will be leading the ensemble which is scheduled from 3-4pm on Wednesday afternoon. As this is a non-competition, students are free to join at any time to learn the ins and outs of Theatre Sports. If your child is interested or would like more information, please add the Google Classroom code: b3l6wrk



Music Tuition Program

At St Leo's, we offer onsite Private Music Lessons for students of all year groups and ability. We offer a vast range of different instrument/vocal lessons including; Female/Male Vocals, Guitar (classical/electric), Bass Guitar, Violin, Piano, Flute, Clarinet, Trumpet, Trombone, Tuba, French Horn, Saxophone and Drum Kit/Percussion.

If you would like more information, please refer to the <u>Expression of Interest form</u> or feel free to <u>email me</u>. Term 4 is the perfect time to start your child's musical journey here at St Leo's Catholic College!

