



*Welcome to the Parental Lion Roars for Week 4 Term 3, 2022*

## Principal's Message

*Dear Parents/Carers,*

### Our Sympathies

Please keep in your prayers the family of **Lara C** (Year 8) who lost her stepfather suddenly last Thursday evening. We extend our heartfelt sympathy to them and to the family of **Ms Karen Bodle**, our College Receptionist, who lost her brother recently. May they both Rest in Peace.

### Welcome!

In joyful news, congratulations to Mr and Mrs Smith (**Mr Nathan Smith** and **Ms Jessica Watts**) on the birth of their second baby daughter last Saturday evening. **Charlotte Jessica Smith** is doing well - as are Mum and Dad.

### Student Leadership Team 2022/23

Congratulations to the 34 successful Year 11 students who have been appointed as the new 2022-2023 College Student Leaders. In particular, congratulations to **Zinta H** and **Tony B**, our new 2023 College Captains, and **Arlynn B** and **Charbel K**, our Vice Captains.

We are confident that our new Captains, Student Leadership team and whole of the Year Group will continue to work collaboratively to make a difference to our College community over the next year. Read more on p.6)



### Students Crossing at Yardley Ave and Pacific Highway

Last Friday afternoon, a secondary student from another local school was struck by a car at the intersection of Yardley Ave and the Pacific Highway. The student is recovering in hospital. It will be a journey for him, but with prayers and support, he will thankfully come through.

I reminded all students at our weekly assembly last Monday that they should always cross at the lights - and with the lights. They should always check the traffic before walking across the crossing. In the afternoon there can be up to 400 students using this crossing in a very short period. Cars travelling north look straight into the setting sun. It is very hazardous, and students need to be aware of the potential dangers. Each afternoon, a senior member of the St Leo's staff is on duty at the crossing from 3pm until about 3.20pm (whenever the last students use the crossing).

This week I was on duty twice at this location. I took a couple of photos to show how busy this crossing can be over a very short period of time.

I would ask parents/carers to reinforce this message to their young people.



OLOR Primary School, Barker College and ourselves will be meeting to come up with a strategy to prevent this from happening again.

## Performing at your Peak

Over the past two weekly assemblies, I spoke to the students about reflecting on their Semester 1 Reports and setting linked goals for the second semester. The goals are the easy part - what is more difficult is the action steps needed to get there! Students (and all of us) need to recalibrate.

*To reflect on one's performance is a good thing. It encourages change in oneself: change in direction, change in behaviours and therefore the possibility of change in outcomes. But sometimes working out how to create change in yourself is the difficult part and that is where recalibration comes in. To recalibrate is to make small changes to an instrument so that it measures accurately. It is also to re-examine one's thinking, system of values, and to correct it in accord with a new understanding or purpose. So, if recalibration is about making small adjustments to the instrument and the instrument is you, then what are some good examples that will bring about the desired change?*

**Exercise** – affects your mood and improves your body's performance both physically, emotionally, and mentally. Top academics ensure they exercise regularly.

**Diet** – what you put into the instrument, your body, affects performance and how it operates. It is the same with hydration, most headaches are fixed with more water consumption.

**Sleep** – the Coach of the Seattle Seahawks, Pete Carroll talks about sleep as his greatest weapon in delivering results as a coach. When his players get adequate sleep, they play better. I am sure he adds something else into his coaching matrix, but he rates sleep as the key performance indicator.

**Repetition/Habits** – a favourite author of mine, Malcolm Gladwell states that it takes 10,000 hours of intensive practice to achieve mastery of complex skills – good behaviour in class every day, revision each night, 10 minutes of reading every day, and writing out your notes are proven ways to improve your learning. Make this one of your SMART goals for this term.

**Technology** – humans were not designed to be connected to technology all day and night. (one of the reasons we developed the recent *College Mobile Device policy*) It takes an hour for your eyes and brain to unwind properly from looking at a screen. I encourage you to get your technology usage under control for better overall wellbeing and to find other ways to relax – go for a walk, play with your dog, cook a meal, or help someone out.





## Vinnies Winter Sleepout, Market Day & Silly Sock Day

We have had another overwhelming response to our Vinnies Winter Sleepout this year, both in terms of participants and money raised so far. Over 70 students will 'sleep rough' here on campus this Friday night to raise awareness and funds towards ending homelessness. Thank you to Rev Gomez and the many other staff who will be involved in the evening's activities and supervising overnight.



Thank you also to our whole St Leo's community for your generous sponsorship yet again of our students. At the time of publication, we had collected over \$12,000 for St Vincent de Paul, with this amount still rising! It's not too late to donate if you can (using the barcode above).

Also adding to the total will be the money raised by our Market Stall and Silly Sock Day on Monday. Students are invited to wear silly socks with their uniforms on Monday, whether their own for a gold coin donation, or purchase a pair of limited-edition St Leo's Silly Sleepout Socks for \$10 (for those not participating in the sleepout). More details on p.7-8)

## Civics and Citizenship Nomination

This morning I had the privilege of signing off on the nomination of **Emma W** (Year 10) for the Civics and Citizenship National Pilot Program 2022, run by the Parliament of NSW. Emma is writing an essay titled '*Australian Democracy is strong and resilient*' as part of the nomination.

Thirty students from across NSW will be selected to attend the NSW Parliament and join in discussions with other students via a broadcast from the Museum of Australian Democracy. We hope to hear about her progress in late October.



## Yr 12 Trials

Please continue to keep our Year 12 HSC students in your thoughts and prayers as they continue this week and next Monday with their HSC Trial Examinations. The students have turned up this week with enthusiasm, punctuality and in good spirits. Many of our practical, performance, language assessments are also underway and major works being finalised. We wish them all the best in these and with the last few days of the Trials.

**Tony Gleeson**  
Principal

## From the Assistant Principal – Evangelisation and Catechesis

Mr Peter Grace

## Parents in Partnership Meeting

Our next Parents in Partnership (PiP) meeting will be held both as a 'hybrid' event – both in person at the College and online - at **7:00pm on Wednesday, 24 July**.

In addition to providing general updates on College activities, Mr Justin Slowey, our Leader of Pathways, will present information about our Pathways Program and upcoming events for all Year Groups. Please add any items you would like addressed at the meeting to [this form](#) by Tuesday, 16 August.

The final agenda and link will be sent shortly before the meeting via Compass email.



## Year 7 Bible Presentation

All Year 7 students and their families are invited to attend a Year 7 Bible Presentation Liturgy in the Light of Christ Centre at **5:15pm on Wednesday, 24 July**. Each Year 7 student will be presented with a hard cover Bible to be used in Religious Education classes at St Leo's. More details about the event to come in the next week, but please mark it in your diaries. After a short liturgy, we will be having a barbeque to give Year 7 parents the chance to socialise.

As this is the same date as the Parents in Partnership (PiP, *above*), we encourage our Year 7 parents to stay for the meeting as well. The College will provide supervision for students should you wish to stay for the PiP.

## Feast of the Assumption of the Blessed Virgin Mary

As mentioned in the last edition of *The Lion Roars*, Monday, 15 August, the Catholic Church celebrates the Feast Day of the Assumption of Our Lady when, according to our faith, the Holy Mother, "having completed her course of her earthly life, was assumed body and soul into heavenly glory".

Along with Christmas Day and all Sundays, this is a Holy Day of Obligation in Australia. Catholics are expected to attend Mass on this day. As part of our COVID-smart plan, we are not having a Mass at the College this year, but we encourage you to attend Mass at your local parish either before or after school. Please see the table below for Mass times at our feeder parishes.

Feast of the Assumption of the Blessed Virgin Mary, Monday 15 August 2022 – Mass Times							
Hornsby Cathedral Parish		Holy Name Parish Wahroonga	Pymble Parish		St Agatha's Parish Pennant Hills	Ku-ring-gai Chase Catholic Parish	
OLOR, Waitara	Queen of Peace, Normanhurst		Sacred Heart, Pymble	OLPS, West Pymble		St Patrick's Asquith	St Bernard's Berowra
7:00am (livestream available)	8:45 am   6:00pm	7:00am	9:00am	9:15am	6:30am	9:00am (parish + school)	12:00 (parish + school)
9:30am		11:45am (parish + Prouille primary, St Edmund's)			9:30am		
12:00pm (parish + OLOR)		7:00pm	7:00pm		7:00pm	7:00pm	
8:00pm							



## Vocations Awareness Week

As part of Vocations Week 2022 (7-14 August), the team from Catholic Vocations Broken Bay visited our Year 11 Studies in Catholic Thought classes to talk to them on the topic of vocations to the priesthood, religious, married, and single lives.

The presentation coincided with the topic of Encounter that these classes have been studying. Joining us were **Michelle Chahine** from the Vocations Office, **Fr Paul Durkin**, Director for Vocations and parish priest of Holy Name Wahroonga, **Fr Stephen Wayoyi AJ**,

Assistant Director for Vocations and priest at St Agatha's Pennant Hills, and **Rosan Mathew** (seminarian attached to the Cathedral parish).

We thank them all for sharing with our students their personal stories of how God has called them to live out their Baptismal promises by answering God's call to be servant leaders. The students appreciated our guests' honesty, generosity, and insights. For more information about vocations, please call 0418 522 449 or visit [www.bbcatholic.org.au/vocations](http://www.bbcatholic.org.au/vocations) or @VocationsBrokenBay.



## World Youth Day 2023

In 2023, World Youth Day will be held in Lisbon, Portugal. The Diocese of Broken Bay is holding an information evening for the families of any young people who might be interested in attending. Please refer to the flyer (right).

## Praisefest Catholic Youth Festival - Friday 19 August

Praisefest is a faith celebration for youth that is held once a term by Catholic Youth Broken Bay. It aims to support young people from around the diocese in their faith journey in a fun and engaging way.

It involves, dinner, games, live music and worship and testimonies. It is attended by high schools and parish youth groups from around Broken Bay and this time will be held at the parish of The Entrance on the Central Coast.

The theme of this Praisefest is "Mercy." **Rev Gomez** will be chairing a panel from Vinnies and CatholicCare, looking at how they put their faith into action. Students from St Leo's are also involved in the music ministry on the night.

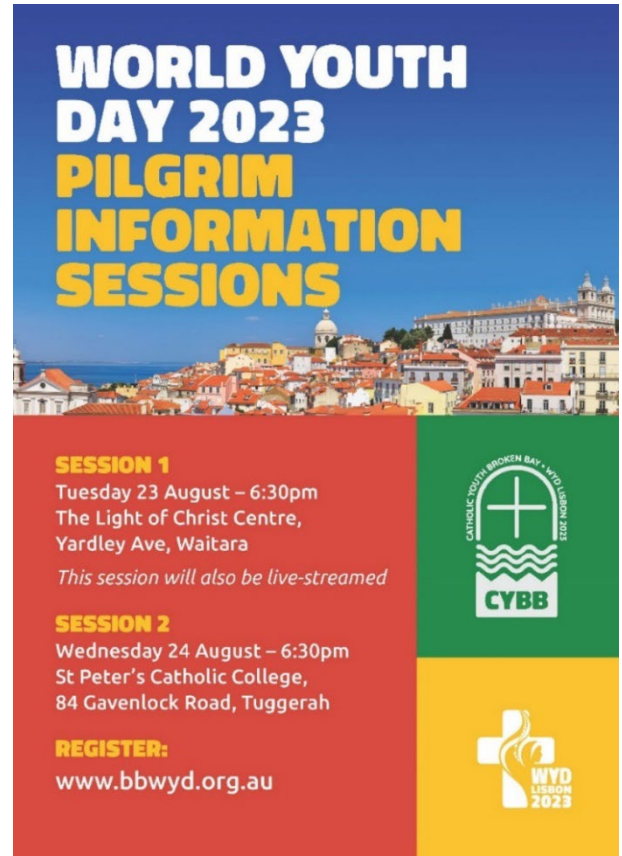
Praisefest is a voluntary activity, and is recommended for students Year 9 and up, although younger students who are involved in Church youth groups may also like to attend. Students thinking of attending WYD are encouraged to go to Praisefest as it will give them a taste of what Catholic youth ministry events are like. **Permission notes may be found through Compass.**

Additional event details:

**Venue:** Our Lady of the Rosary, Church and Hall, The Entrance

**Meet:** Light of Christ Centre, 4.30pm (charter bus to The Entrance

**Pick-up:** Waitara McDonalds, 10pm (students will call to confirm time on way home).



**PRAISE**  
*fest*

## From the Director of Students

Mr Ashley Johansen

## New Student Leadership Team 2022-2023



Congratulations to the 34 Year 11 students listed recently been appointed as the new 2022-2023 College leaders.

All applicants underwent an extensive process including several selection panel and Leadership discussions. All students' efforts were outstanding, from their initial applications to the interviews – they have all been acknowledged and congratulated. It is important to note that unsuccessful candidates were appropriately also supported following the announcements.

I would particularly like to acknowledge **Mr Chris Sammut** (Year Leader) and **Ms Kelly Robinson** (Year 11 Mentor Teacher) for being a significant part of the selection panel and offering their insights throughout the process.

We are confident that the selected students will collaboratively drive the College forward from Term 4 and into 2023 through their faith, purposeful actions, and collective voice. Pending COVID regulations, the new team will be officially inducted via a student leadership handover ceremony later this term.

The newly elected student leadership team will also be participating in an Induction Program next week at Peter Canisius House (Pymble) as well as participating in leadership meetings with the incumbent team following their Trial HSC examinations. The new team's duties will officially commence at the start of next term.

We will then hold a special Student Leadership Handover Liturgy with the whole school on **Wednesday, 24 August** to welcome in our new leaders and thank our outgoing Year 12 Student Leaders. Parents of our new leaders will be welcome to join us. We will provide more details about this event next week.

## News from the Aquinas Resource Centre (ARC)

Mrs Megan De Kantzow

### Book Week is coming from 22–27 August!

In the ARC, we will be celebrating books of all kinds and especially the wonderful diversity of Australian books. As well as the **Wide Reading** library programme running in English, Years 7 and 8 will be participating in a **Drop Everything and Read** programme during Mentor, and some combined Books & Sports activities. The **Book Week Afternoon Tea**, open to students across all year groups who really love to read, has limited bookings left.

2022/23 Leadership Position	Name
College Captain	Zinta H
College Captain	Tony B
College Vice-Captain	Arlynne B
College Vice-Captain	Charbel K
SRC Ambassador	Rose C
SRC Ambassador	Matthew R
Spiritual GD Ambassador	Rebecca B
Spiritual GD Ambassador	Nicholas G
Physical GD Ambassador	Bailey C
Physical GD Ambassador	Matthew A
Academic GD Ambassador	Charlotte M
Academic GD Ambassador	Maksymilian P-S
Cultural GD Ambassador	Hannah G
Cultural GD Ambassador	Heidi M
Environmental GD Ambassador	Bryndis P
Environmental GD Ambassador	Ashton T
Social Emotional GD Ambassador	Chloe P
Social Emotional GD Ambassador	Oskar P-S
Xavier House Ambassador	Dionte V
Xavier House Ambassador	Brenton T
Loyola House Ambassador	Siyeon C
Loyola House Ambassador	Ella W
Chanel House Ambassador	Lily P
Chanel House Ambassador	Cameron D
Aquinas House Ambassador	Sebastian B
Aquinas House Ambassador	Amelia B
MacKillop House Ambassador	Peter W
MacKillop House Ambassador	Sam W
Bakhita House Ambassador	Hannah H
Bakhita House Ambassador	Ethan E
Teresa House Ambassador	Sophie K
Teresa House Ambassador	Thomas J
McAuley House Ambassador	Sophie W
McAuley House Ambassador	Charles R



The CBCA, Children's Book Council of Australia, who run the Book Week awards, is a not-for-profit volunteer organisation that has been celebrating and promoting quality Australian literature for young people since 1945. You can [find out more here](#).

All the short-listed books for this year's awards (Older Readers) are available in the library.

## New books!

Non-fiction subjects run from Ada Lovelace and code, through beekeeping, cars, creativity, feminism, updated HSC Maths 'Excel' titles and happy quokkas, while new fiction titles include extra copies of a range of old favourites such as Jane Austen in the Classic Penguin series, 'Tomorrow When the War began' and 'Hunger Games', as well as a range of sci fi and new manga titles.

## NSW Premier's Reading Challenge

Don't forget that the **NSW Premier's Reading Challenge 2022** closes next week, on 19 August. Well done to everyone who has completed the challenge!

## Social Justice @ St Leo's

Deacon Adrian Gomez,  
Youth Ministry Coordinator

## Vinnies Winter Sleepout

All is set for our St Leo's **Vinnies Winter Sleepout** from **6pm this Friday 12 August to 7am Saturday morning** to raise awareness and funds to support the work of the St Vincent de Paul Society in the area of homelessness.

We have over 70 students signed up to 'sleep rough' here on campus this Friday night, along with a number of staff who have kindly volunteered to help with activities and supervision for the evening.

Incredibly, we have raised over \$12,000 at the time of publication – and still counting! We are currently the leading NSW school for the event, so please help us stay there! Thank you for your generous support!

It's not too late if you are able to support our team. Please scan the QR code to go to the [St Leo's sponsorship page](#).



## Vinnies Market Day – Monday 15 August

Students, what are you doing on Monday at Lunch time? Vinnie's Market Day will be hosted on Chanel Way.

We have received plenty of generous donations (thank you everyone!) and will be selling items like:

- Board games/toys
- Clothes
- Books
- and even a kayak!

There will also be a band playing on the day, so don't forget to bring cash or cards and enjoy the fun!





## Silly Sock Day – Monday, 15 August

On Monday, as well as holding their Market Stall, the St Leo's Vinnies Conference will host Silly Sock Day, with all funds raised added to the Vinnies Winter Sleepout total.

All Leo's students participating in our Sleepout will receive a pair of our very own Leo's Silly Sleepout Socks and can wear them on Friday to promote the event (along with their beanies from last year if they have them).



Then, ALL STUDENTS are invited to **wear their own silly socks on Monday** with their uniforms **for a gold coin donation**, OR they can **purchase a pair of our Leo's Silly Socks on Friday or Monday for \$10** (to wear on Monday). There are two silly stripy designs to choose from, and supplies are limited - so get in fast to buy yours! Cash or EFTPOS will be accepted.

## What's been Happening?

### Year 7 Laudato Si Excursion to West Head

Ms Colleen Kofron, Leader of Learning, Religious Education

On Wednesday August 3, Year 7 went on a Religious Education excursion to West Head where we explored God's creation and engaged with the Aboriginal Heritage of the site. We were gifted with a beautiful Spring day, a picture-perfect view of our Broken Bay Lighthouse and a day out of school exploring our own connection to nature and each other.



How our beautiful year 7s reacted to the day out...

*'This year on our excursion we went to West Head National Park. The whole excursion was fun. I really enjoyed the bus ride and the beautiful nature. I enjoyed going to the lookout and seeing the wonderful ocean and land. I also enjoyed the bush walks, the rocks on the ground as we walked along the path. The whole excursion worked well and I would definitely go back again.'*

Tadiwa – 7 REL L

*'Overall, we all enjoyed the day, we had an amazing experience in God's creation. The best part of the day, was the squiggly trees. They were a very cool experience, especially seeing the light burgundy colour of the bark and the branches twisting and turning like they did. The feeling of connection to nature was wonderful and calming. Hearing the birds with their cooing and calling was fascinating. Finally, the lunch – a very yummy sausage sizzle. It was really good, and there was even the option of vegetarian sausages.'*

Char, Rebecca and Aarya – 7 REL N

*'The aboriginal carvings were cool and looked good. The scavenger hunt was fun to learn about the natural Australian bush. With the smoking ceremony, it made us feel like we connected with the land. When we were at the lookout, they told us a story of the Indigenous life.'*

Isaac – 7 REL L



# Sports Report (Around the Grounds)

Mr Michael Kember, Leader of Sport

## Ninja Warrior

This last week we received fantastic news about **Archie W** in Year 7 who competes in Ninja Warrior competitions. Archie is currently ranked 2nd in Australia in the teen division. Throughout the year, there have been a number of qualification events held across NSW, QLD and WA and he has qualified for the National titles to be held later in September in Victoria. Congratulations Archie and we look forward to hearing about your Nationals campaign!

## Upcoming Events – AFL, Rugby 7s & Golf

A reminder to all students that they need to regularly check the St Leo's Sport Google Classroom pages as trainings and upcoming events are posted there. Over the next week or so trials, will be held for boys and girls **AFL, Rugby 7s** and expression of interest for **Golf**.

If you have any questions or queries, please don't hesitate to contact me via email:

[michael.kember@dbb.catholic.edu.au](mailto:michael.kember@dbb.catholic.edu.au)

## REMINDERS:

### Student leave requirements & Compass Parent Portal

All student leave requests, in the first instance, should be communicated **in writing to the Principal** (Mr Gleeson) - an email to the College is acceptable. Students requesting leave should then **see Mr Johansen** (Director of Students) in Xavier Court to obtain the appropriate paperwork.

There are two forms – **Exemption from Attendance (under 10 days) or Application for Extended Leave (over 10 days)**. All completed leave forms should be returned to the Director of Students, Xavier Court office as soon as possible for processing. It is important to note that leave beyond 10 days must be first considered by Catholic Schools Broken Bay (CSBB) via the College.

**The Compass Parent Portal should not be used for any student leave requests and/or communication of student matters.** Parents/carers are reminded to make contact (email/phone), in the first instance, with their son/daughter's Year Leader to discuss any concerns or issues.

**\*\*Please note that the College does not support families taking extended holidays during term time and/or during College examination periods as it impacts on student learning.**

### Religious Creative Arts Competition for Art, Music, Dance, Drama or Film!

The **Bishop's Art Prize** competition is a well-established event at Catholic Schools Broken Bay that has been running for the past nine years. In 2022, the art prize competition has been re-imagined. Open to all CSBB school students from Kindergarten **to Year 10**, it is now called the '**Religious Creative Arts Competition**', and includes five categories: **Visual Arts, Dance, Drama, Music, or Short Film**.

One of the key elements of the competition is how students demonstrate their understanding of and connection to the theme. In 2022 the theme is one of CSBB's core values, **COURAGE** - 'Be strong and courageous...', for the Lord your God is with you wherever you go' (Joshua 1:9) – which of course is also our St Leo's theme this year.

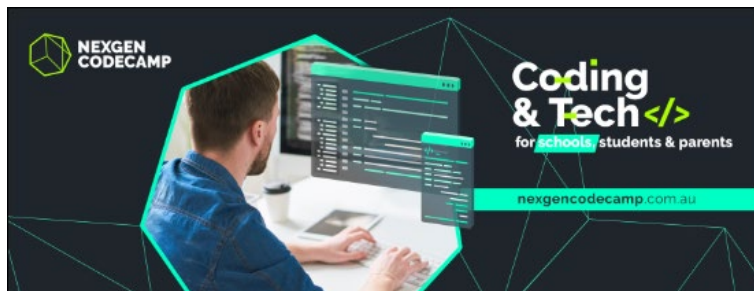
Students are required to link their creative piece directly to the religious theme of **courage** by answering the question: 'How is this theme lived out or demonstrated today?' Thus, as well as creating an artwork, short film, dance, drama or music piece, students need to write a short explanation of their work (*maximum word count 150 words*) to outline how it connects to the theme of courage.

Artworks are to be handed in to schools by Week 5 of Term 3 – **Monday, August 15.**

Local judging will take place followed by a selection of finalists. These finalists will then be featured at the **CSBB Showcase Night** to be held at the Light of Christ Centre on 18 October.

Be excited and join in the fun! See the [video](#) for further details.

## Robotics and Coding Club @ St Leo's



Places are still available for our Robotics and Coding Club for Terms 3 and 4 after school on Wednesdays.

Sessions run for 8 weeks per Term here on campus. Term 3 will cover 'Coding in Python' and Term 4 'Arduino Basics'. Cost is \$275 for Term 3, and Creative Kids Voucher (\$100) can be used.

Read more about the course content - [nexgencodecamp.com.au](http://nexgencodecamp.com.au) or contact [Mr Slowey](#) (Pathways) to register.

## Are you interested in joining our CAPA Co-curricular Program?

Please email [Ms Skea](#) if you are interested in being part of our Co-Curricular CAPA Program for Term 3. We encourage you to check out our [website](#) to access the current (Term 3) timetable.



## Community Notices



## Liverpool FC Academy Terms 3 & 4 – Limited Places Still Available

A few places are still available for our Liverpool Academy on Monday afternoons (for U12-16 years) and Wednesday afternoons (for U6-11 years) for Term 3 and Term 4.

[Find out more information or register here...](#)