



Welcome to the Parental Lion Roars for Week 6 Term 3, 2022

Principal's Message

Dear Parents/Carers,

Student Leader Ceremony

This week we were able to conduct our first *inside* whole College Assembly in 18 months. It was very fitting that this Assembly was our Student Leadership Liturgy, with the outgoing 2021/22 Student Leaders handing over the College symbols, signs, and prayers to our new Student Leadership Team. It was our pleasure to have about 50 parents and **Fr Roger** from the Hornsby Cathedral Parish join us.



I have linked a [copy of my address](#) here if you wish to read it, along with [more photos of the event](#). The new leaders were announced in the [last Lion Roars newsletter](#). Congratulations to all our student leaders.

Aerobics Nationals on the Gold Coast

Congratulations to the 27 students, staff and coaches who exemplified discovering and finding their passion at last weekend's National Aerobics Competition on the Gold Coast.

The teams have been training at least twice per week since the very start of Term 1 (and the older teams far earlier than that!) Our coaches are all recent past students of the College



and it is wonderful to see these

past students giving something of themselves back to their school, through their passion and instruction. They are all great models for our students.



Congratulations to **Jing** (and her Year 12 peer, **Ruby** as her coach) for taking out 1st place (Gold Medal) in her individual competition, while the Figure 8 team took 2nd place (Silver Medal), Ultimate 8 came 4th by just one point, and Vivacious 8th in each of their divisions.

Thank you also to the parents/carers who travelled to the Gold Coast for their amazing support of our students!

Parents in Partnership Evening



On Wednesday, we conducted the Term 3 Parents in Partnership Evening via Zoom. Over 60 parents joined the meeting.

The topics covered by Ms Murdoch and myself were: staffing, the Tell Them From Me (TTFM) Survey, update on the recent safeguarding incident, various events, the 'Towards 2025' Strategic Plan, uniform requests update, Duke of Edinburgh program, a discussion regarding sports at St Leo's, and upcoming key dates for Terms 3-4.

At the conclusion parents/carers had the opportunity to ask further questions, both live and online. The minutes and the slide deck will be published next week.

Book Week at St Leo's

This week the College recognised and strongly supported Book Week - and the importance of books, reading and literacy. Our Leader of Information Resources, **Ms De Kantzow** developed a two-strand approach - supporting individual students (of which 35 took up that opportunity through an afternoon tea) and a broader approach, with Years 7-8 reading during Mentor time ('DEAR - Drop Everything and Read'), and even reading inspired sporting activities during PE.

The importance of literacy, particularly through (hardcover) books is so important in our digital age.

Next Week: HSC Showcase & Father's Day!

Lastly, I hope to see many of you at our **HSC Showcase** evening of 2022 Major Works next Wednesday, 31 August from 6-8pm in The Mary MacKillop Centre (no RSVP required), and our **Father's Day Liturgy and Breakfast** on Thursday, 1 September from 7.30am in The Light of Christ Centre ([please RSVP here](#)).

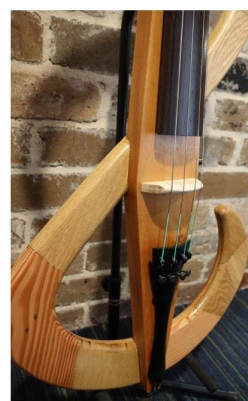
Staff Update

Our Director of Pastoral Care and Wellbeing, **Mr Nathan Smith** will commence leave from next Monday. We wish him all the best, particularly with the new addition to his family.

For the remainder of this year, **Ms Megan Tynan** has been appointed as the Acting Director of Pastoral Care and Wellbeing.

Enjoy the weekend,

Tony Gleeson
Principal



**TIMBER
DESIGN & TECH
DRAMA**



**ST LEO'S
HSC
SHOWCASE
2022**



**DANCE
VISUAL ARTS
MUSIC**



**AUGUST 31, 6-8PM
MARY MACKILLOP CENTRE
ST LEO'S CATHOLIC COLLEGE**

FATHER'S DAY
Liturgy & Breakfast

THURSDAY, 1ST SEPTEMBER
THE LIGHT OF CHRIST CENTRE, WAITARA
LITURGY 7.30AM, FOLLOWED BY A BBQ BREAKFAST
PLEASE RSVP BY 5PM, MONDAY 29 AUGUST



**ALL ST LEO'S FATHERS AND FATHER-FIGURES
ARE INVITED TO CELEBRATE WITH US**

Important Dates for Terms 3 - 4

Week	Date	Event
7	Sun 28 Aug	Hills Dance Eisteddfod
7	Tue 30 Aug	BBSSSA Athletics
7	Wed 31 Aug, 6-8pm	HSC Showcase (all welcome)
7	Thu 1 Sept, 7.30am	Father's Day Liturgy & BBQ Breakfast (RSVP by 5pm, Mon 29 Aug)
7	Fri 2 Sept	BBSSSA Golf
8-9	Mon 5 – Fri 16 Sept	Year 11 Assessment block
8	Thu 8 Sept, 1.15pm	Duke of Edinburgh Student Information Session pt. 1
9	Tue 13 Sept	BBSSSA Junior/Inter AFL & Rugby 7s
9	Wed 14 Sept, 6pm	Duke of Edinburgh Parent Information Session
9	Thu 15 Sept, 1.15pm	Duke of Edinburgh Student Information Session pt. 2
9	Fri 16 Sept	Year 7 History Incursion
10	Mon 19 Sept	Year 9-10 Dance Incursion
10	Wed 21 Sept	Year 12 Graduation Mass & Ceremony
10	Fri 23 Sept	Last day of classes for Term 3
TERM 4		
1	Mon 10 Oct	Classes resume for Term 4
1	Mon 10 Oct	Year 12 (2023) Student Information Session
1	Wed 12 Oct	Year 12 (2023) Parent Information Session
1-4	Wed 12 Oct – Fri 4 Nov	HSC Exams
2	Tue 18 Oct	Bishop's Art Prize
2	Wed 19 Oct	Years 9-10 Dance & Drama Showcase
4-5	Mon 31 Oct – Tue 8 Nov	Year 10 Exam block
5	Mon 7 Nov	Year 7 Vaccinations
6	Sun 13 - Tue 15 Nov	CAPA Camp
6	Tue 15 Nov	Year 12 Formal
7	Wed 23 - Fri 25 Nov	Year 9 Camp
8	Tue 29 Nov	Years 7-8 Studio Concert (private music students)
8	Wed 30 Nov	Years 9-12 Studio Concert (private music students)
8	Thu 1 Dec	Year 10 Semi-Formal
10	Fri 16 Dec	Last day of formal classes for 2022
11	Tue 20 Dec	College Office closes for 2022

News from the Aquinas Resource Centre (ARC)

Mrs Megan De Kantzow

We have been celebrating Book Week this week!

The Leo's **Book Week Afternoon Tea** on Monday was wonderful, with students sharing their favourite reads, styling library shelves to attract readers, and of course, eating Afternoon Tea while thoroughly discussing the merits of great books.

Thanks to **Mr Kember**, students also had some very exciting additions to the sports programme, with *Quidditch* and *Hunger Games* inspired activities. Sadly, no broomsticks (but then again, no injuries requiring magical repairs and Skelegrow!)



Finally, in addition to wide reading lessons in the library, Years 7 and 8 have been participating in the '**Drop Everything And Read**' programme during morning Mentor. It has been truly heart-warming so see students settle into sustained reading and hear their responses to a wide variety of books.

Reading engagement and practice of at least 15 minutes a day supports literacy development, as well as providing much enjoyment.



Social Justice @ St Leo's

Deacon Adrian Gomez, Youth Ministry Coordinator

Vinnies Winter Appeal - Sleepout & Market Day

For a second year in a row, St Leo's has been recognised by the St Vincent de Paul Society as the **top fundraising school in NSW**, with over **\$22,500** being raised!



Thank you for your generous support and congratulations to the **Year 11 Vinnies Conference** and **Year 12 Student Leaders** who have driven this huge effort with a mufti day, BBQ, the Winter Sleepout itself and gathering donations from families for our own Vinnies op shop style Market Day and our crazy sock day.

“ Sleeping outside for only one night and feeling the cold and discomfort has really heightened my appreciation for a warm bed and a roof over my head and made me realise the continuous impacts of homelessness on the health and wellbeing of affected individuals and has reminded me of the significance of our fundraising efforts. ”

Zinta, Year 11



The Sleepout involved 75 students from Years 7 to 12, having a simple soup and bread roll for dinner and sleeping overnight on the verandah of the Light of Christ Centre. It was a challenging but rewarding experience for the students who participated.



The Vinnies Market Day was also a great success, with \$1,600 being raised from selling the goods you had donated. The leftover donations will now be sent on to the Vinnies 'op shop' in Hornsby.



Praisefest

Last Friday, 34 students attended the Catholic Youth Broken Bay event, Praisefest at the Entrance on the Central Coast.

After singing most of the way up on the one-hour bus ride, the students were greeted by the Youth For Christ band (with **Brendan** from Year 10 on drums), Vinnies and Vocation stalls, a BBQ and games. We entered the hall to a praise and worship session led by the Glorious band, with **Hamish** from Year 9 drumming, and **Bryndis** from Year 11 singing the song 'Easy' solo.



Leo's students assisted playing African drums for 'Sing and Shout'. The theme of the night was 'Mercy', and so **Rev Gomez** led the 'Rambling with the Rev' panel discussion with guests from Vinnies, CatholicCare and students (including our own new College Captain **Tony**), discussing how we can put our faith into action through helping those in need. This was followed by a time of prayer in the Church during which the sacrament of Reconciliation was offered, and the night ended with a praise party back in the hall.



World Youth Day Pilgrimage – Italy & Portugal 2023

There has been huge interest shown by Year 9 and 10 students in attending World Youth Day in Portugal from July 21 to August 11 next year!

Many students and parents attended the Information Evening at the Light of Christ Centre on Tuesday, with others watching online. We are now at the stage for students to officially **register their interest** in participating via the [Broken Bay World Youth Day page](#).

The cost of the trip will be about \$8,000, but students may apply to the Catholic Schools Office for a subsidy of \$4,000. Once registered, an application form will be sent which needs completed in handwriting by the student. Over 50 St Leo's students have expressed interest at this early stage - this may make the applications for places and subsidies more competitive. As mentioned, World Day is for pilgrims 16 years and over. For students aged 15 years on 21 July, they may make an application to Mr Gleeson who will consult with staff about whether their maturity to attend. (At the last WYD, only two 15-year-olds attended).

The Information Evening was recorded on Facebook and can be [accessed through this link](#). (Note, as the night started with music, games and a testimony, the information session itself began about 20 minutes in so you may wish to skip ahead.)

Environment Group

Bush Regeneration

We are restarting our Bush Regeneration Group again commencing Wednesday 24 August. Students who love helping out with the environment or want to undertake a community involvement activity for your Duke of Edinburgh award are invited to come along. We meet at the maintenance garage (bottom of C block) at 3.15pm and finish up at 4.15pm. Please wear outdoor gear or your sports kit and bring along some gardening gloves.

If you would like more information, then please [contact Ms Caiger](#).

What's been Happening?

Jing Awarded Queen Scout Award

Congratulations to **Jing** (Year 12) on receiving the Queen's Guide Award - the peak achievement for youth members of Girl Guides Australia. Jing created artwork, participated in Aerobics, canoeing and volunteering to achieve this award, which was presented by the Hon. Philip Ruddock, Mayor of Hornsby at a ceremony recently.



Art Excursion to Archibald

Last Friday, our Year 9 and 10 Visual Arts students had the opportunity to visit the Art Gallery of NSW and view the annual Archibald Portrait Prize. Judged by the trustees of the Art Gallery of NSW, the prize is awarded to the best portrait painting.

Since 1921, it has highlighted figures from all walks of life, from famous faces to local heroes, reflecting back to us the stories of our times. This year saw the highest known number of entries in the Archibald from Aboriginal artists (20).

Our students found the excursion highly valuable as they were able to see up close the various painting techniques used by a wide variety of artists. Techniques they can bring into their own artworks.

Careers News

See the [Careers page](#) for information on:

- Diesel Mechanic Opportunity
- Fashion Design & Technology – Theatre Costume & Millinery Open Day
- University of Newcastle 'Uni & Me' sessions
- Endeavour Energy Apprenticeships
- University of Newcastle – Bachelor of Public & Community Health News
- Bachelor of Biomedicine/Bachelor of Laws (Hons) at Gosford
- 'STEM needs Girls' – Career Talk
- Macquarie Uni – Rising Star Leadership Camp for **YEAR 10**
- ATC NSW Apprenticeships & Traineeships
- CSBB Education Scholarship

CAPA Wrap



HSC Dance

Congratulations to **Lilianna C** for completing her HSC Dance Practical Examination in Week 5. The Core Performance and Major Study Performance works were developed during class time and assessed her application of dance technique, performance quality and interpretation.

Additionally, students' choreograph their own work for the Core

Composition component. Lilianna's composition explored the four elements, earth, air, fire, and water and how they coexist, which was performed by **Emily R** in Year 10. We wish Lilianna the best of luck for her Core Appreciation Examination in November.

CAPA Co-Curricular Program Congratulations!

St Leo's students immersed themselves within the City of Ryde Eisteddfod this term, with exceptional participation numbers across Dance, Drama and Music.

We are so proud of our students and their outstanding achievements.

A huge thank you to all the staff involved, our students are so lucky to have you on board our team - **Ms Fiona Milkins, Mr Vince Tavernese, Ms Rosalie Belsey, Mr Joseph Littlefield, Ms Simone Dawson, Ms Kristen Nicola, and Ms Brittany Skea.**

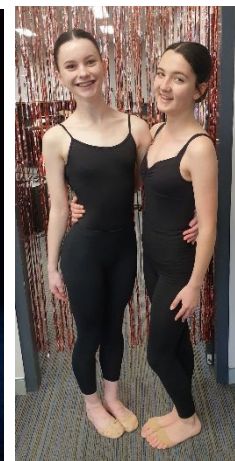
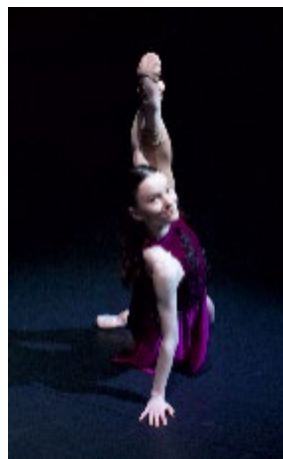
Sports Report

Mr Tavernese, Coach

Girls Rugby League

On the August 16, our Under 14 and 16 Girls Rugby League Teams participated in the Katrina Fanning Cup, a NSW-wide competition open to all schools.

Our Leo's teams played some tough matches against Mater Maria and Narrabeen Sports High School, then really shined against Cromer High School with the 14s winning their match 18-6 and the 16's really muscling up only to fall agonisingly short 18-22.



CAPA WRAP UP

RESULTS

DANCE	DRAMA
HC Pride Lyrical	1ST Y9 - Lucy & Alejandra
HC Pride Jazz	HC Y7 - Christopher, Logan & Marcelo
2ND Duo - Amelia & Thabo	

MUSIC

1ST Rock Band	1ST Accordion Ensemble
3RD Lions Concert Band	3RD Lions Singers
4TH Cubs Concert Band	4TH Cubs Singers

EDNA WILDE AWARD

EW Male Vocal Ensemble

Congratulations!

to all our ensembles!





For most of the players, it was their first taste of Rugby League and they loved it. Our girls will continue to train for the rest of the year learning new skills and techniques. Special mention to our Coaches Players for the day, 14s **Tegan** and 16s **Natasha**. Well done to our players.

REMINDERS:

CALL OUT for new CAPA Ensemble members!

If you are interested in joining one of our CAPA Ensembles please **come along this week** to any of the Music, Dance, Drama or Art ensembles. Please complete the [expression of interest form](#) for our **2023 Dance Ensembles** as these will commence in Term 4.

Don't forget to check out the [Co-Curricular CAPA website](#).

Please email [Ms Skea](#) if you have any questions about the Co-Curricular CAPA Program.

Co-Curricular CAPA Ensembles / Programs					
Term 3					
Time	Monday	Tuesday	Wednesday	Thursday	Friday
Before School	7:00-7:45am Cubs Jazz/Variety (MML01)	7:30-8:30am Lions Singers (MML04)	7:45am-8:30am Cubs Singers (MML03)	7:00-7:45am Cubs Jazz/Variety (MML01)	7:30-8:30am Lions Concert Band (MML04)
	7:45am-8:30am Pride Jazz/Variety (TWG)			7:45-8:30am Lions Jazz/Variety (MML01)	7:45-8:30am Cubs Lyrical/Contemp (MML01)
	7:45-8:30am Cubs Lyrical/Contemp (MML01)			7:45am-8:30am Pride Lyrical/Contemp (TWG)	
	8:05-8:50am String Ensemble (MML04)			7:30-8:30am Cubs Concert Band (MML04)	
Recess					11-11:30am Guitar Ensemble (MML04)
Lunch		1:15-2:00pm Accordion Group (MML04)		1:15-2:00pm Rock Band (MML04)	1:15-2:00pm Girls Rock Band (MML04)
					1:15-2:00pm Cubs Art Club (MMG02)
After School	3:00-3:45pm Cubs Drama Ensemble (CG02)		3:00-4:00pm Male Vocal Group (MML04)	3:00-4:00pm Ceramics Classes (MMG02)	
	3:00-4:00pm Lions Lyrical/Contemp (MML01)				
<div> Art Cubs - Year 7 & 8 Ceramics - Year 7-12 (Term 1 & 3) </div> <div> Dance Cubs - Year 7 Pride - Year 9-12 Lions - Year 8 </div> <div> Drama Cubs - Year 7 & 8 </div> <div> Music Cubs - Year 7 Lions - Year 8-10 Pride - Year 8-12 </div>					

**** Note: our Ceramics course is currently full for Term 3.**



Community Notices

DRAMA MAKE-A-PLAY WORKSHOPS



ENROL NOW
WWW.MSTYP.ORG.AU

KILLARA & HORNSBY
WEEK ONE MONDAY 26TH SEPT TO FRIDAY 30TH SEPT
WEEK TWO TUESDAY 4TH OCT TO FRIDAY 7TH OCT
WE TAKE CREATIVE KIDS VOUCHERS

MSTYP MARIAN ST
THEATRE
FOR YOUNG
PEOPLE

MASTERCLASS IMPROVISATION

SECONDARY STUDENTS YEARS 7 -10



ENROL NOW
WWW.MSTYP.ORG.AU

KILLARA
3DAYS 1PM - 4PM
OCTOBER
WEDNESDAY 5TH THURSDAY 6TH FRIDAY 7TH
WE TAKE CREATIVE KIDS VOUCHERS
MSTYP MARIAN ST
THEATRE
FOR YOUNG
PEOPLE

For Seniors:

Memory Innovations Centre

Our centre was set-up by CatholicCare in Waitara, to assist people who may be noticing changes in their memory, have been diagnosed with Dementia, want to be proactive with their brain health, or just stay connected with others in the community.

We are not-for profit and government funded and can offer a subsidised rate of \$10/session with a referral code, or can bill Home Care Packages directly. It is a wonderful service for seniors in the community.

We run four programs, Let's Get Moving, Brain Games, Art Smarts and Food For Thought. Our Let's Get Moving and Brain Games programs are run back to back on as the studies of combining exercise with brain training is proven to be more effective than either activity completed independently.

As we age our brain has the capacity to change and grow, but we need to take an active role to stimulate new brain cells.



JOIN US
ANYTIME!

TERM 3 TIMETABLE

18 JULY - 22 SEPTEMBER 2022

THE MEMORY INNOVATIONS CENTRE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
11.00am – 12.30pm FOOD FOR THOUGHT	11.00am-12.00pm LET'S GET MOVING	10.30am – 11.30am BRAIN GAMES Central Coast	11.00am – 12.00pm LET'S GET MOVING
	12.15pm – 1.15pm BRAIN GAMES	11.45am – 12.45pm LET'S GET MOVING Central Coast	12.15pm – 1.15pm BRAIN GAMES
	1.30pm – 2.30pm LET'S GET MOVING	2.00pm – 4.00pm ARTS SMARTS	1.30pm – 2.30pm LET'S GET MOVING
	2.00pm – 4.00pm ARTS SMARTS		

ARTS SMARTS

No prior art making experience required just a willingness to have a go. Our facilitator will provide individual attention while promoting camaraderie and fun. A variety of art making materials are used to unleash your inner artist.

FOOD FOR THOUGHT

Our cooking group aims to empower seniors to prepare meals and snacks that may help support their cognitive health. Our recipes are designed to be simple and cater to different dietary needs. We also offer one-to-one dietary assessments to those requiring more in-depth dietary advice and food plans.

LET'S GET MOVING

A group exercise class catering to all fitness and mobility levels. The exercises are designed to improve your cardiovascular fitness, strength and balance in a relaxed and fun atmosphere.

BRAIN GAMES

Practical activities and games designed to stimulate the brain and encourage participants to engage in new and fun learning experiences. The sessions will involve problem solving, riddles, quizzes and app-based learning.

HOME SAFETY

We offer home safety assessments conducted by our highly experienced Occupational Therapist, providing equipment and home modification recommendations as well as referrals for major and minor works.



P: (02) 9481 2659
E: seniors@catholiccaredbb.org.au
W: www.catholiccaredbb.org.au/mic

CatholicCare
Diocese of Broken Bay
SENIORS