



Welcome to the Parental Lion Roars for Week 8 Term 3, 2022

Principal's Message

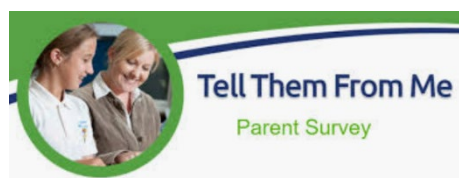
Dear Parents/Carers,

In Our Prayers

The College paused today at midday with the ringing of a bell to mark the passing of **Queen Elizabeth II** after her incredible 70-year reign.

We also keep in our prayers and thoughts the **Picton High School** community and families who have suffered a terrible and unimaginable loss in the past few days. I have contacted the principal, **Mr Warren Parkes** to let him know of our prayers and support. The Picton High school motto is *Creating Opportunities - Achieving Success....* I have said to Mr Parkes, that will still continue but in far more significant and meaningful ways.

Our lunchtime Mass today was offered in memory of the Queen, and for the five students, their friends, and families. We ask God to bless the families and friends of these young people in particular who will live with these memories for a lifetime.



Your Feedback is Important – TTFM Parent Survey

Last night each family should have received an email via *Compass* giving them access to the annual **Tell Them From Me (TTFM) Survey**. The survey should only take about 10mins to complete.

Please find the time in your busy schedules over the next week to give us your feedback so we can get realistic information to plan forward and provide an improved Catholic authentic education for your young person.

R U OK? Day

Yesterday we acknowledged and practised **R U OK?** Day with a number of activities for students and staff. As well as discussions in Mentor time, Student Leaders and Pastoral Care staff set up a stand to engage students during break times with conversation starters, inviting them for a casual chat to 'check in'.

One day is a good start - but we do need to change our actions and habits so it becomes part of our lives every day.



Year 12 Final Weeks & Showcase

Our Year 12 students are now in their final two weeks of their secondary education. We keep them in our prayers as they merge into post school life and in more immediate terms, their HSC Exams. These last two weeks are

always memorable and are a chance to remember the good times and the probable not so good times too. I am looking forward to acknowledging and shaking hands with each one as they are presented to the College community and their families one last time in their secondary schooling.

One of their recent events was the **HSC Showcase** last week, featuring outstanding major works and performances by our talented Class of 2022 in Industrial Design - Timber, Design and Technology, Dance, Drama, Music, Visual Arts and Society and Culture. Linked is a [video of their major works](#). Please take a look at the fantastic pieces of work when you get a chance.



Congratulations especially to HSC Dance student **Lilianna C** for her nomination for **Callback**, the NSW HSC Dance showcase! (See p.10)

Student Art Exhibited

A number of St Leo's student artworks from other year groups will also be on display in the community over coming weeks. We have been very fortunate to have been invited to exhibit approx. 40 student artworks as part of the **Quarantine Station, Manly's Open Day** on Sunday, 25 September, and three students have been invited to be part of **Operation Art** at the Newington Armoury. (More on p.10).



Father's Day Liturgy & Breakfast

Last week Thursday, over 300 people joined us to recognise and celebrate **Father's Day**. Two of our students (**Lily P** in Year 11 and **Max J** in Year 8) spoke of the significance of their fathers, and I have [linked their speeches here](#).



Thank you to the staff and our 2023 College Student Leaders who prepared the liturgy and assisted with the BBQ breakfast. Both were very well received!



CSBB Safeguarding Month

Last Friday evening at the Cathedral, I joined CSBB colleagues, parishioners, clergy, and Bishop Anthony in the **Liturgy of Lament**. We prayed together in acknowledging the suffering caused to our most vulnerable and to give public expression to our sorrow. This important and pertinent liturgy marked the start of **Safeguarding Month** in the Diocese of Broken Bay. This gives us time to reflect and act on the importance of safeguarding and encourage everyone to consider their shared responsibility in keeping children and young people safe.

This year the focus of the month is '**Families**' and we hope to encourage everyone to reflect on how family connections promote safety. Please [visit the website](#) for how you can promote this important issue in your family and homes.

Parents in Partnership Presentation and Sports Enquiry

The Term 3 Parents in Partnership Evening was held via Zoom recently, with over 60 families joining the meeting. Topics covered included staffing, the Tell Them From Me (TTFM) Survey, an update on recent safeguarding incidents, various events, the 'Towards 2025' Strategic Plan, uniform requests, Duke of Edinburgh program and upcoming key dates for Terms 3-4. For those who were unable to attend, you can [view the slides/notes HERE](#).

The meeting also included a discussion about **sport at St Leo's**, and specifically representative sport. Parents interested in continuing this conversation are invited to a **CSBB Sport Improvement Enquiry** that will provide CSBB leadership with a clear overview and understanding of current procedures and practices within CSBB CCC and Diocesan Primary and Secondary Sport, providing recommendations for 2023 and beyond. If you would like to be involved, please email [Mrs Joanna Gower](#) by next Tuesday (13 Sept) to express your interest.

And finally, last week we conducted a whole school **fire drill**. I would like to congratulate all students on their mature attitude in the way they entered this vital drill.

Enjoy the weekend,

Tony Gleeson

Principal

Important Dates for Terms 3 – 4 (Note: **NEWLY ADDED**)

Week	Date	Event
8-9	Mon 5 – Fri 16 Sep	Year 11 Assessment block
9	Tue 13 Sep	BBSSSA Junior/Inter AFL & Rugby 7s
9	Wed 14 Sep, 6.30pm	Duke of Edinburgh Parent Information Session
9	Thu 15 Sep, 1.15pm	Duke of Edinburgh Student Information Session pt. 2
9	Thu 15 Sept	Lunchtime Careers Presentation - Defence Forces
9	Thu 15 Sep	Year 12 Parent Session – 'HSC: the Practicalities'
9	Fri 16 Sep	Year 7 History Incursion
10	Mon 19 Sep	Year 9-10 Dance Incursion
10	Tue 20 Sep, 4-5pm	Year 9-10 Dance Elective 'Open Classroom'
10	Wed 21 Sep	Year 12 Graduation Mass & Ceremony
10	Thu 22 Sep	Lunchtime Careers Presentation - Catholic Care
10	Fri 23 Sep	Last day of classes for Term 3
-	Sun 25 Sep	Quarantine Station Open Day, Manly with exhibition of student artworks (incl. approx. 40 from St Leo's)
-	Weekends from 17 Sep -30 Oct, & daily during school holidays (26 Sep - 7 Oct)	Operation Art, Newington Armory, open 10am – 4pm, featuring three St Leo's students selected to exhibit work
TERM 4		
1	Mon 10 Oct	Classes resume for Term 4
1	Mon 10 Oct	Year 12 (2023) Student Information Session
1	Wed 12 Oct	Year 12 (2023) Parent Information Session
1-4	Wed 12 Oct – Fri 4 Nov	HSC Exams
2	Tue 18 Oct	Bishop's Art Prize
3	Tue 25 Oct, 6-8pm	Year 7 2023 Parent Information Evening & Social
4-5	Mon 31 Oct – Tue 8 Nov	Year 10 Exam block

5	Mon 7 Nov	Year 7 Vaccinations
5	Wed 9 Nov	Term 4 Parents in Partnership Meeting
6	Sun 13 - Tue 15 Nov	CAPA Camp
6	Tue 15 Nov	Year 12 Formal
7	Wed 23 - Fri 25 Nov	Year 9 Camp
7	Fri 25 Nov	Year 7 2023 Orientation/High School Taster Day
8	Tue 29 Nov	Years 7-8 Studio Concert (private music students)
8	Wed 30 Nov	Years 9-12 Studio Concert (private music students)
8	Thu 1 Dec	Year 10 Semi-Formal
10	Fri 16 Dec	Last day of formal classes for 2022
11	Tue 20 Dec	College Office closes for 2022

Academic News

Year 8: 2023 Year 9 Electives

Year 9 2023 electives have been emailed out to all Year 8 students. If there are any issues or concerns, please contact [Mr Daniel Lane](#) (Director of Learning Improvement) or [Mr Scott Mulford](#) (Director of Administration).

NAPLAN Results

In the past week, families with students in **Years 7 and 9** should have received NAPLAN results. NAPLAN, the National Assessment Program for Literacy and Numeracy, is a valuable tool in allowing schools to develop a deeper understanding of the strengths and challenges of their students. It is important to note that NAPLAN results are a snapshot of student achievement at a particular point in time and should be used in conjunction with a range of other learning data to build an understanding of how a student is progressing.

When discussing NAPLAN results with your child, it is important to promote a growth mindset that sees feedback about challenges or areas of difficulty as a way of improving. NAPLAN results are **not** a credential or qualification, they are there to **provide information on areas to focus on for improvement**. At St Leo's we will use NAPLAN data to develop our understanding of where our students are placed in regard to literacy and numeracy, allowing teachers to work on strategies for learning improvement. If you have any concerns, please contact your student's [Year Leader](#).

Year 12 Parent Online Information Evening – 'HSC: the Practicalities'

On **Wednesday, 14 September** we are holding an online information evening to provide Year 12 parents and students with valuable information about a range of matters on the HSC including Illness/Misadventure and COVID guidelines. A Zoom link will be **sent out to parents and students on Wednesday morning**.

Duke of Edinburgh Program

As was recently announced at the Parents in Partnership meeting, **Australian Outdoor Education** will now be supporting the Duke of Edinburgh Award Scheme at St Leo's. Next Thursday there was a **second student information session at lunchtime** to provide students **currently in Years 9 and 10** with information about the program for Term 4, 2022. Students **currently in Year 8** will be invited to a presentation in Term 1, 2023. There will be a follow up **Online Information Session for parents on Wednesday, 14 September at 6.30pm**. The zoom link will be shared early next week.

From the Aquinas Resource Centre (ARC)

Mrs Megan De Kantzow

Senior Study Afternoon Teas

The Senior Study Afternoon Tea events in the library have been proving very popular on Wednesdays after school. In addition to snacks and hot chocolate, a wide variety of past papers have been available so students can hone their exam technique, checking their knowledge and developing their skills. A huge thank you to the teachers who have made their expertise available after a busy school day – students have been very appreciative of the extra help!

Study guides, including the NESA workbooks with examples of actual HSC band 6 responses from past years, are also on hand for student use.

More New Books!

New publications in the library include manga, popular fantasy and adventure series, new Australian novels, classics like Jane Austen and Tolkien currently being reinvigorated by streaming services, and a range of non-fiction books, including the latest Australian Bee-Keeping Manual for our environment conscious young people.

Ignite - National Catholic Youth Conference

Every year, Ignite Youth hosts one of Australia's most powerful Catholic youth conferences. Ignite Conference draws together a network of high schoolers, young adults, ministry leaders, families, teachers, priests, and religious from around the country, sending them out with a passion for authentic faith in Jesus. It is an experience of four days of real-world formation, encouragement in faith, great people, and powerful worship.

This year it falls in the middle weekend of the Term 3 holidays (**29 September – 2 October**). St Leo's will be sending a group of Year 10 and 11 students along with other students from Broken Bay Diocese.

The cost for St Leo's students is \$310 for this four-day event, including accommodation (at St Joseph's Retreat Centre), transport and breakfast. This year, Ignite will be held at Freeman College, Bonnyrigg Heights. For more information see the [ignite website](https://www.igniteyouth.com.au/).

Any questions, please [email Rev Gomez](mailto:rev.gomez@stleo.org.au).



Vaping - What Parents Should Know!



From [Kidshealth.org](https://kidshealth.org)

Vaping is the inhaling of a vapour created by an electronic cigarette (e-cigarette). E-cigarettes (or 'vapes') heat a liquid until it becomes a vapour, which is inhaled. The liquid (called e-liquid or "vape juice") can contain nicotine or marijuana distillate or oil. E-cigarettes can be refillable or pre-filled with cartridges containing the e-liquid. The pre-filled e-cigarettes (called "Puff Bars") are designed for one-time use. After taking a certain number of "puffs," the user throws the device away.



What are the Health Risks of Vaping?

The health risks of vaping include:

- addiction: E-cigarettes contain nicotine, a drug that's highly addictive. You don't have to vape every day to get addicted.
- anxiety and depression: Nicotine makes anxiety and depression worse. It also affects memory, concentration, self-control, and attention, especially in developing brains.
- becoming a smoker: young people who vape are more likely to start smoking regular (tobacco) cigarettes and may be more likely to develop other addictions in the future.
- sleep problems
- exposure to cancer-causing chemicals
- chronic bronchitis



Precautionary Measures and Consequences for Vape Usage at St Leo's

We are aware of the ongoing issues that vapes are creating in schools. As a result, we wanted to assure you of some of the practices that we have adopted to attempt to manage this growing issue.

- *Bathroom sweeps* - Year Leaders in pairs are regularly doing sweeps of the student bathrooms during class time to reduce the risk to other students in the school.
- *Record keeping of bathroom visits during class time* - staff have been requested to document in Compass, (our student management system), the time the student leaves the room and the time the student returns. This allows us to cross-reference any repeated absences or possible student meetings in the bathrooms during class time.
- *Vape detectors* - the College is currently investigating installation of vape detectors in the bathrooms which alert staff to vape usage. This allows us to be called to the venue to inspect in an efficient manner.
- *Video cameras* - the College has installed cameras outside the toilets (and around the campus) to monitor student access and usage to the toilets. If we detect repeated visits by students, we may ask them to show the contents of their pockets. (Please note that camera usage can only be used to the external part of the buildings.)
- *Addressing the health Issue* - the College regularly addresses the entire student body with regards to the health impacts of vaping and the consequences for vaping on school grounds.
- *Requests to empty pockets and bags* - Year Leaders may ask students to display the contents of their bags or pockets when concerned that vapes are being brought to school, or other students are able to inform them that another student is carrying vapes on their person. Students may be asked to turn out the contents of their pockets or bag to ensure a safe school environment.
- *Suspension* - Where we discover students to be vaping on school grounds it is school policy that a suspension be put in place. If students are found to be selling vapes on St Leo's grounds the Hornsby Local Area Police are called to the school to investigate, and the College then completes its own investigation.

Please be assured that we will continue to endeavour to keep our school safe for all students.



What's been Happening?

PCYC Rise Up Program - Year 10

For the past six months, Year 10 students **Lucie, Carmen and Caitlyn** have been attending the *Rise Up Program* provided by Hornsby PCYC. This program is designed to encourage our future leaders to work closely together with peers from different schools promoting inclusivity and unity. The monthly workshops focused on areas such as; Cyber Safety, Personal Development, Diversity and Healthy Relationships. Below is a reflection from one of the students:

'The rise up PCYC program taught us responsible citizenship. On a Monday, once a month for six months, us three girls would head to the Hornsby PCYC police station. This program was brought to our attention through our head of year, and we couldn't be more pleased with everything it taught us.'

'We learned things like leadership skills, personal development and even refining how we interact with others in all of our relationships. We learnt how to work on ourselves to become better people, who will eventually graduate and use these skills in the world, whatever it may be that we decide to do.'

Compassion, understanding, and trustworthiness are all values that we were able to develop. Most of all, we learned that we are able to make a real difference whether that be to someone else's life or to our own. All you need is to start with an idea to slowly make it happen and we are so grateful for this incredible experience we were able to have.'

The students participated in the Graduation Ceremony on Monday, 29 August. Congratulations on the completion of the program and thank you to **Ms Megan Tynan** and **Mr Jon Nicoll** for accompanying the girls to the graduation ceremony.

Mr Tavernese (Year 10 Coordinator)



Cross Campus Japanese Beginners Class Hosts a Visitor

This term, students in the Year 11 Japanese Beginners course met with visiting Japanese assistant Yuna from Tokyo. These students have been studying Japanese via the Cross Campus Centre blended learning program.

They joined up with the Year 11 Japanese Continuers class at St Leo's for a combined lesson and some Pocky snacks prior to their upcoming exams.



Last term the Cross Campus Centre students visited the city to experience Japanese culture with the other members of their course from across the Diocese.

They enjoyed lunch at Yayoi restaurant and visited the Kinokuniya bookstore, famous for its manga and anime related collections. We wish the Year 11 students the best of luck with their preliminary exams.



Bush Regeneration Group



We were excited to see our Bush Regeneration Group start up again recently. **Billy** and **Simone** removed the choking creeper from the bottom garden bed. By digging up the tubers they minimised the chances of regrowth. Meanwhile **Aston** and **Spencer** dug out the stump/roots of a non-native.

Each week this small but dedicated bunch are working to slowly help restore more natives on the grounds. Next week, we are hopeful to start our spring planting.

Students who love helping out with the environment or want to undertake a community involvement activity for the Duke of Edinburgh award are

invited to come along. They meet at the maintenance garage (bottom of C block) at 3.15pm and finish up at 4.15pm. Please wear outdoor gear or your sports kit and bring along some gardening gloves. For more information, please [contact Ms Caiger](#).



Careers News

Ms Melissa Duff, Acting Careers Advisor

University Early Entry Programs Closing Dates

Applying for university has never been easier. Early entry allows students to receive either a conditional or unconditional offer before or shortly after their HSC examinations are complete! This is a great opportunity as it can allow students to consider multiple offers and have a 'back-up plan' should their first preference not be attainable. Applications are free and do not require much additional effort. Many courses are offered through these schemes.

Below is a brief overview of some popular universities and the closing dates for their early entry schemes. Students interested in applying should take a look through the options below before seeing **Ms Melissa Duff** (Acting Careers Advisor) in the ARC.

University	Closing Dates	Weblink to apply:
UTS - University Technology Sydney	Sun 11 Sept 2022	Early Entry Program
ACU - Australian Catholic University	Fri 23 Sept 2022	ACU Guarantee - Use Year 11 results and Community Service/ Leadership skills for entry
UNE - University New England	Fri 23 Sept 2022	Early Entry Program
Notre Dame University	Fri 30 Sep 2022	Early Entry Program
Southern Cross University	Fri 30 Sept 2022	STAR Early Entry

See the [Careers page](#) for information on:

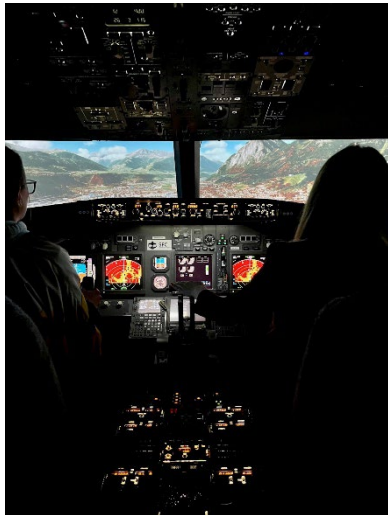
- PwC's Higher Apprenticeship Program
- HSC Holiday Workshops
- Australian Photography Awards for Students and Juniors
- Bachelor of Biomedicine/Bachelor of Laws (Honours) at Gosford
- ATC NSW Apprenticeships and Traineeships
- CSBB Education Scholarship

Pathways & Partnerships

Mr Justin Slowey

Lunchtime Careers Presentations

- Thursday 15 September - **Defence Forces** career opportunities
- Thursday 22 September - **Catholic Care** careers including Early Childhood Teaching, Aged Care, Disability Support, Counselling.



Girls Flying High!

To challenge the statistic that only 5% of pilots are female, the Pathways Team together with Sydney Flight College and The Regional Industry Educational Partnerships (RIEP) co-designed a hands-on pilot immersion day for senior female students from St Leo's and Mercy College students.

Students had the opportunity to fly a Boeing 737 in the flight simulator with an experienced pilot looking on. A key learning was that flying involved the ongoing monitoring of cockpit instrumentation. The girls were tasked with a navigation workshop which contextualised the importance and necessity of working mathematically as well as discovering real world links to the science curriculum through discussion with pilots on wing design and forces.

The girls rated this experience very highly and said it was instrumental in helping them to determine future career pathways.

Robotics & Coding

Our Leo's Robotics & Coding Club is going strong with our members well on the road to learning the Python programming language.

The club is open to all Year Groups and is held each Wednesday after school until 4.40pm in Computer Room BH105.

The club is now finished for Term 3 and will resume in Week 1 of Term 4. New members are always welcome - contact [Mr Slowey](#) if interested.



Apprenticeship and Graduate Careers

Mr Simon Kennedy-Jewell presented to our Year 11 Students on career opportunities within the Energy Sector at **Apprenticeship and Graduate** levels. Simon is head of People and Culture at **Endeavour Energy** and outlined the forecasted growth of jobs within this growing sector.

Sports Career Ideas

We have partnered with two providers so far this Term to engage our Year 9 students studying **Physical Activity and Sports Studies (PASS)** on careers related to sports. Mandra Taulu, owner of **Vision Personal Training** in North Sydney is a Personal Trainer and Zoomed in to Ms Robinson's classroom to speak to the students on this career area. He spoke about pathways into a career in personal training, what is required to be a PT and gave students insights into a day in the life of a PT.



We were also lucky to have Lauren Privitera from **Royal Life Saving NSW** visit the school to speak to Mr Wilson's PASS class. She delivered a highly engaging presentation to those students on pathways into becoming a Pool Lifeguard as well as a typical day in the life of a Pool Lifeguard.

Mr Wilson commented that Lauren was 'engaging, and highly professional - a natural instructor and educator.'

We are always grateful to our community partners for linking the real world to the teaching and learning that happens in the classroom. This provides relevance and engagement in learning as well as building awareness of the range of careers and career pathways.

We are busy with planning many more exciting partnerships between our school and the wider community.



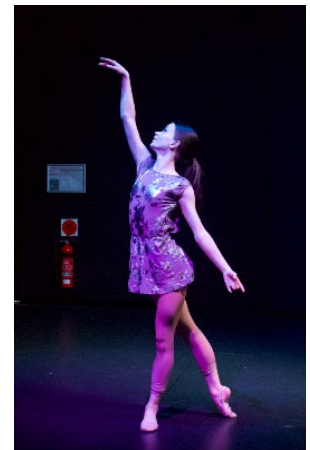
CAPA Wrap



HSC Dance

Congratulations to Year 12 student **Lilianna** who last week received a Callback nomination for her HSC Core Performance Dance "I Have Nothing". Callback showcases exemplary performances by HSC Dance students across the state and each year students are acknowledged for their exceptional performances through receiving a nomination.

Well done Lilianna for an outstanding achievement!



Our Artists Exhibit at Q Station

On Sunday, 25 September the Quarantine Station at Manly will hold their Open Day. We have been very fortunate to have been invited to exhibit some of our student artworks (approx. 40 pieces) as part of the day. There are several other activities on the site and if you have never been before, it is a fascinating place with amazing history. Both **Ms Schneider** and **Ms Stevenson** will be there from the morning and would love to see you!

Please [see the website](#) for more details.

Operation Art - Newington Armory

Operation Art will be held at the Newington Armory during September and October, and we have three students who have been selected to exhibit their work!

The exhibition runs from 17 September to 30 October and is open from 10am – 4pm on weekends and every day during the school holidays (26 September – 7 October). Admission is free. [More information...](#)

Important CAPA dates!

NEW! Years 9-10 (Stage 5) **Dance Elective Open Classroom** will be held from 4pm-5pm on **Tuesday, 20 September**. Family and friends are invited to come along and view the performance works students have been working on throughout the year in the Flora MacKillop Theatre. We look forward to seeing you there!

Sports Report

Mr Michael Kember, Leader of Sport

Swimming Carnival Entries!

Over the last week, students have been informed that the College swimming is being held in Term 4 at Hornsby Aquatic Centre. **To enter the carnival, students need to hand in an entry form by the end of Week 1, Term 4 (see the Sports Google Classroom page)**

Peninsula Cup

This term we have our U/18 Girls soccer team playing in the Peninsula Cup competition. The girls travel down every Wednesday afternoon to the Northern Beaches to play and have also been lucky enough to have a home game on the St Leo's oval. They have won 4 games and lost 1 and have qualified for the semi-finals that are being held next week.

BBSSA Golf

Last Friday, 4 St Leo's students travelled to Shelley Beach golf course to compete at the BBSSA Golf Championships. In tough conditions especially on the 'back 9' the boys played well with some great shots being produced throughout. Well done to all the boys on your efforts throughout the day.

BBSSA Athletics Carnival

On Tuesday, 30 August the St Leo's Athletics team competed at the Broken Bay Athletics Championships at Sydney Olympic Park. The weather was fantastic, and the team competed with great success.

Congratulations to the following students who placed in the Top 6 in their events:

BE A PART OF OUR 2023 TEAM!

Join **CO-CURRICULAR DANCE @ ST LEO'S**

PLACEMENT CLASSES WILL TAKE PLACE DURING WEEK 9 & 10

Students are to attend the ensemble that they desire to be selected for.
Everyone makes a team!
Students will be notified in Week 10 of their ensemble.

	Monday	Wednesday	Thursday
7am-7:45am	Lions Jazz		Lions Jazz Pride Jazz
7:45am-8:30am	Lions Hip Hop	Pride Lyr/Cont	Lions Lyr/Cont Pride Hip Hop

Please note the above Monday classes will be moved to Wednesday in Term 4.
Any questions email Ms Skea - brittany.skea@dbb.catholic.edu.au



Place	Name	Event	Place	Name	Event
1st	Wol A, Aarush S, Alex M, Angus S	Boys 14/15 Years 4 x 100m Relay	4th	Kyrah M	U/13 Girls 200m
	Chelsea F	U/12 Girls 100m U/12 Girls 80m Hurdles U/12 Girls High Jump U/12 Girls Long Jump U/12 Girls Discus U/12 Javelin		Natasha T	U/16 Girls 200m
	Wol A	U/14 Boys 100m U/14 Boys 200m U/14 Boys 400m		Bronte T	U/14 Girls 400m)
	Aidan J	U/17+ Boys 100m U/17+ Long Jump		Jack O	U/17+ Boys 100m
	Ethan L	U/15 Boys 800m		Connor D	U/17+ Boys 800m
	Lachlan L	U/16 Boys 800m U/16 Boys 1500m		Chris M	U/12 Boys 1500m
	Natasha T	U/16 Girls High Jump U/16 Girls Long Jump		Kai H	U/14 Boys 1500m
	Ryan Chou	U/14 Boys Long Jump		Makayla A	U/13 Girls Long Jump
2nd	Aidan J, William W, Lachlan L, Jack O	Boys 16+ Years 4 x 100m Relay		Matthew D	U/15 Boys Shot Put
	Chelsea F	U/12 Girls 200m U/12 Girls Shot Put U/12 Girls 200m		Archie W	U/13 Boys Discus
	William W	U/16 Boys 100m U/16 Boys 100m		Isaac W	U/13 Boys Javelin
	Aidan J	U/17+ Boys 200m	5th	Holly B, Bridgette C, Leela I, Natasha T	Girls 16+ 4 x 100m Relay
	Lachlan L	U/16 Boys 400m		Holly B	U/16 Girls 800m
	Adam L	U/12 Boys 1500m		Freya T	U/15 Girls 1500m
	Kyrah M	U/13 Girls Long Jump		Aarush S	U/14 Boys 100m
	Makayla A	U/13 Girls Shot Put		Alex M	U/15 Boys 100m U/15 Boys Long Jump
	Milla D	U/15 Girls Discus		Aaron M	U/16 Boys 100m
	Alex M	U/15 Boys Discus		Chris M	U/12 Boys 800m
	Aaron M	U/16 Boys Discus		Oliver M-A	U/13 Boys 800m
	Kyrah M, Isabelle G, Isabella B, Chelsea F	Girls 12/13 Years 4 x 100m Relay		Oliver G	U/17+ Boys 800m
	Aidan J, William W, Lachlan L, Jack O	Boys 16+ Years 4 x 100m Relay		Matthew R	U/13 Boys 1500m
3rd	Tyler S, Marcus N, Jayden H, Oliver M-A	Boys 12/13 Years 4 x 100m Relay		Milla D	U/15 Girls Shot Put U/15 Girls Javelin)
	Kyrah M	U/13 Girls 100m		Olivia L	U/14 Girls Discus
	Natasha T	U/16 Girls 100m		Angus S	U/14 Boys High Jump
	Bridgette C	U/16 Girls 400m		Jaykob M	U/15 Boys High Jump
	Tyler S	U/12 Boys 100m U/12 Boys 200m U/12 Boys Long Jump		Max C	U/13 Shot Put
	Angus S	U/14 Boys 100m U/14 Boys 200m	6th	Isabelle G	U/13 Girls 400m
	Lachlan L	U/16 Boys 200m		Bridgette C	U/16 Girls 800m

		U/16 Boys Long Jump			
	Jack O	U/17+ Boys 200m		Chris M	U/12 Boys 200m
	Jaykob M	U/15 Boys 400m U/15 Boys Javelin		Ethan L	U/15 Boys 200m
	Adam L	U/12 Boys 800m		Maya M	U/14 Girls Shot Put
	Oliver M-A	U/13 Boys 1500m			
	Alex M	U/15 Boys 1500m			
	Isabelle G	U/13 Girls Javelin			
	Boaz D	U/14 Boys Shot Put			
	Aaron M	U/16 Boys Shot Put			
	Adam B	U/17+ Boys Discus			
	Lachlan B	U/14 Boys Javelin			

Along with these results, we also had nine students selected to represent Broken Bay at the upcoming NSWCCC Championships. Both **Chelsea F** (U/12 Girls) and **Lachlan L** (U/16 Boys) were awarded age champions in their selected age groups. Congratulations!

In the Next Edition:

- Junior Boys Rugby 7s and Inters AFL Championships
- Peninsula Cup Update
- Swimming Carnival Update
- Term 4 Broken Bay events.

REMINDERS:

CALL OUT for new CAPA Ensemble members!

If you are interested in joining one of our CAPA Ensembles please come along this week to any of the Drama, or Visual Art ensembles. Don't forget to check out the Co-Curricular [CAPA website](#).

Studio Concerts

Semester 2 Studio Concerts for our Private Music Students will be held on Tuesday, 29 November from 6pm for Year 7-8, and on Wednesday, 30 November from 6pm for Years 9-12.



Co-Curricular CAPA Ensembles / Programs

Term 4



Time	Monday	Tuesday	Wednesday	Thursday	Friday
Before School	8:05-8:50am String Ensemble (MML04)	7:30-8:30am Lions Singers (MML04)	7:00-7:45am Lions Jazz (MML01)	7:00-7:45am Pride Jazz (MML01)	7:00-7:45am Lions Jazz (TWG)
			7:45-8:30am Lions Hip Hop (MML01)	7:45-8:30am Pride Hip Hop (MML01)	7:45-8:30am Lions Lyr/Cont (TWG)
			7:45-8:30am Cubs Singers (MML03)	7:30-8:30am Cubs Concert Band (MML04)	
					7:30-8:30am Lions Concert Band (MML04)
Recess	11-11:30am Guitar Ensemble (MML04)				
Lunch	1:15-2:00pm Accordion Group (MML04)		1:15-2:00pm Rock Band (MML04)		1:15-2:00pm Girls Rock Band (MML04)
					1:15-2:00pm Cubs Art Club (MMG02)
After School	3:00-3:45pm Cubs Drama Ensemble (CG02)	3:00-4:00pm Male Vocal Group (MML04)			

Art

Cubs - Year 7 & 8

Ceramics - Year 7-12 (Term 1 & 3)

Dance

Lions - Year 7-12

Pride - Year 7-12 (invitation)

Drama

Cubs - Year 7 & 8

Music

Cubs - Year 7

Lions - Year 8-12

Community Notices

HSC Examination Supervisors Needed

The College is looking for interested members of our community to assist in supervising the upcoming HSC examinations. This would require attending the College from 12 October through to the 5 November to assist with the set up and supervision of the examinations.

HSC examination supervisors are paid a remuneration through NESA for their time. The role would suit people currently studying at university, retirees or people working part time.

If you are interested, you would need:

- to be double vaccinated for Covid-19
- have or be willing to obtain a Working with Children Check (Employee).

Please spread the word among your family and friends and contact the College if you are interested and we will pass on your details. Thank you in advance for any assistance.

St Leo's Relay for Life Team

I am delighted to be able to confirm that **Hornsby Relay for Life** will take place at **Rofe Park** on **Saturday/Sunday 5- 6 November 2022**.

This event raises money for **Cancer Council NSW** and the College has registered a team since 2017. Relay for Life involves teams walking a track for 24 hours, raising funds and awareness.

I have taken the liberty of registering a **St Leo's Pride** team again this year and look forward to speaking to our new student leaders about ways to support this event as a community. Ensembles from our fabulous CAPA team will form part of the entertainment for the day.

How you can help:

- **Collect cans & bottles:** The organising team are hoping to set up a 'Return and Earn' at the relay event but I wonder if our community would be happy to save their cans and bottles so the proceeds can be donated to our team? I am happy to collect donations from school.
- **Donate to the [St Leo's Pride fundraising page](#).**

Cancer has had a big impact on Leo's staff and families in the last few years and I would really like Leo's to have a presence at this growing community event.

Thanks for your support!

Joanna Gower (Acting Registrar)

R U OK?

The second Thursday of September is R U OK? Day – a day dedicated to inspiring and empowering everyone to meaningfully connect with people around them by asking the simple question R U OK?. Now could be a great time to ask your child R U OK? and to support them in the event that they are struggling.



However, as we all know, having a meaningful conversation with teenagers can be tricky. Here are some links to communicating and supporting your children...

- [Communicating Effectively with Teenagers](#)
- [Things to Try – Effective Communication](#)

[More information and resources for R U, OK? Day](#)

APPLE HORNSBY
YOUR KIDS AND THEIR DEVICES
PARENT SESSION

Saturday
17 | 09 | 2022
2:00 pm

Free Register:
<https://apple.co/3Rz57Fw>

Apple Hornsby is offering a free information session for parents on the Apple features that can assist you in helping your children regulate their digital behaviour.

Learn how to keep your child's data safe and secure. Additionally, how to manage content and maintain privacy with the latest features on iPhone and iPad. Explore Family Sharing, Screen Time, App Limits and more. Devices will be provided, or you can bring your own.

SAFEGUARDING MONTH *families*

SEPTEMBER 2022



CATHOLIC
DIOCESE OF
BROKEN BAY

BUILDING MEANINGFUL CONNECTIONS IN EVERY FAMILY

The Diocese of Broken Bay promotes awareness of
Safeguarding each September.

We invite all families to share with us your experiences of
how you connect as a family in the form of a story, a video or
a photo during Safeguarding Month of September.

Some suggestions might include exercising together,
bushwalking, baking or play a game.

Scan for
more
activity
ideas



bbcatholic.org.au/safeguarding/engaging-with-your-family

The most creative and inspirational
entries will be showcased on our
Diocesan Safeguarding Month webpage.



SCAN
TO
ENTER



Entries will be open September 1 to September 30.

*Submission of entries will be taken as consent to share
bbcatholic.org.au/safeguardingmonth2022



HOLIDAY PROGRAM

Activities for young people in school years 6 and above

SPRING 2022



Fusion Community Centre
5 Jersey Street Hornsby
ph. 9477 1110

Sept
26

Holey Moley & Laser Tag

We're going to Holey Moley in Chatswood to play Mini Golf and Laser Tag. Bring Opal card 1 - 5pm

Cost - \$40 per person.

Sept
27

Games, Pizza & Movie

We will be playing board games, making pizza and watching a movie (TBA).

10 am - 3 pm

Cost - \$5 per person.

Sept
28

Baking & Decorating

Come & join the cooking fun as we bake cookies and cupcakes and then get creative decorating them. 1 - 4pm

Cost - \$5 per person.

Sept
29

Jerusalem Bay Bushwalk

Lets get out & enjoy the beautiful Bushland Shire. We will catch the train to Cowan and walk down to the beautiful Jerusalem Bay for a spot of lunch before heading back to Cowan and back to Fusion. BYO lunch. 10am - 3pm

Cost - FREE.

For registrations & information:
<https://sydneynorth.fusion.org.au/youth-work>



PCYC POLICE CITIZENS
YOUTH CLUBS NSW
**DRIVER EDUCATION
PROGRAMS**

**REDUCE YOUR LOG BOOK BY 20 HOURS
WITH PCYC NSW
PCYC IS AN ACCREDITED PROVIDER
OF THE TRANSPORT FOR NSW SAFER DRIVERS COURSE.**



THE SAFER DRIVERS COURSE INVOLVES TWO MODULES



MODULE ONE:

A three-hour facilitated group discussion on how to manage risks on the road.

This will involve a maximum of 12 participants and will be delivered by a facilitator.



MODULE TWO:

A two-hour, in-vehicle coaching session to develop low-risk driving strategies.

This will involve two participants and a coach.

**LEARNER DRIVERS WHO COMPLETE THE COURSE
WILL RECEIVE 20 HOURS OFF THEIR LOG BOOK.**

\$140

NEXT COURSES: School Holiday, Thursday 29th September & 6th October

Time: 9am, Location: PCYC 1 Park Lane, Waitara, 2077, Tel 8998 5400

Book online TODAY at pcycdrivereducation.org.au

