

The LION ROARS

Fortnightly College News Bulletin



St Leo's Catholic College, Wahroonga

Welcome to the Parental Lion Roars for Week 10 Term 2, 2024

Principal's Message

Dear Parents and Carers,

So Many Ways of Growing our Young People

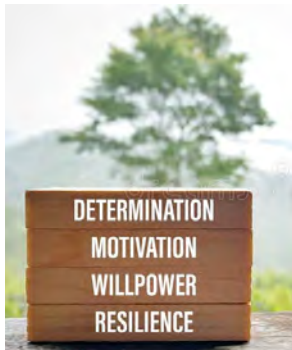
Our young people have many opportunities here at St Leo's to further their learning across a multitude of areas. We here at St Leo's class these opportunities into 'Growth Domains'. A Catholic education must include the development of the whole person, not just one or two aspects.

"...Catholic education cultivates the whole person – cognitive, affective, physical, social, ethical and spiritual – encouraging every student to develop their talents in an environment of solidarity. These themes are echoed in the Melbourne Declaration on Educational Goals for Young Australians..." (National Catholic Education Commission: Review to Achieve Educational Excellence in Australian Schools 2018:2)

Some of these opportunities are voluntary, for example, representative sport, faith opportunities such as the Vinnies Winter Sleepout, and many other types that all of our young people have exposure to. This was the case during the past two weeks.



Last week we were fortunate to have **Ms Sophie Smith** (founder of *Running for Premature Babies*) join us to share her story and her mission in life. Running for Premature Babies was founded by Sophie in 2006. Previously she and her husband **Ash**, lost all three of their prematurely born triplets. **Henry** was born at 21 weeks, too early for medical intervention to save him, and he lived for one precious hour. **Jasper** and **Evan** were born at 24 weeks and were cared for at the Neonatal Intensive Care Unit at the Royal Hospital for Women, Randwick. Tragically her husband Ash passed away from brain cancer in 2016.



Sophie spoke of resilience, and how she turned these tragic circumstances into a positive outlook on life, not only for herself but also for hundreds of other families in Australia.

All it took – was just one person with a purpose, belief and a driving desire. Sophie provided an excellent example of what just one person can do.

Prior to this I used other examples. **Mary, the Mother of God**, a simple young lady who answered God's call and led a very simple life. The second was **St Aloysius Gonzaga** who is the patron saint of youth and students, who also performed little acts of kindness to his community many years ago. Lastly, a more recent young man – **Blessed Carlo Acutis**

who died in 2006 at just 15 years of age (from leukaemia) who used social media for the good of others and to spread the news of God.

All these people showed tremendous determination, belief and resilience in all they do and did. I would hope that just a little bit of each rubs off on all our community members.



Term III Pupil Free Days

Note there will be two Staff Development (Pupil Free) Days next term:

- **Mon, 22 July (Week 1)**, and
- **Mon, 19 Aug (Week 5) except Y12.**

For the full Term III Calendar, see [pages 3-4](#).



Another example of developing the whole person is in the Creative and Performing Arts domain. Many parents, friends and peers witnessed this at the private music students' **Studio Concerts** last week, and **Year 7 CAPA Cubs Showcase** night this week, where we saw a range of performances in music, dance, and drama with over 200 people in attendance. Also wider afield, through the **2024 Bishop's Religious Art Prize** across the CSBB, students are developing their talents in these areas plus others such as film and fine arts.



In the sporting arena, last week our **U18 Girls Netball Team** were crowned Peninsula Cup Champions in a close competition with Mater Maria in the Final (29-21). At assembly, we also presented our **Age Group Champions** from the recent Athletics Carnival (*read more on p.17*).

For our Senior Students – in our **Careers and Pathways** field, a workshop was conducted at lunchtime with Macquarie University (where many of our previous students continue their studies). Over 40 students were in attendance listening to representatives from Macquarie talking about their experiences and explaining the many study options open to them.



Last Wednesday evening, for our **Year 10 students**, the College conducted interviews with parents and their young person on their pattern of study for Year 11 in 2025.

In the background, our College Leadership Team and Senior Staff have been conducting a rigorous selection process for our **2025 Senior Student Leaders**.

Our students are often asked to assist our Priority Feeder Schools with their sports carnivals. A group of 12 **Year 9 students** last week attended Prouille's Athletics Carnival, and we received the following email from a parent who attended:

'I just wanted to write and commend the young students from St Leo's who assisted at the Prouille athletics carnival today. The students were helpful and kind. As a parent helper, I noticed the students at the long jump and shot put. They stayed on task with assisting and even leading on the scoring, they gave the children a fun time by showing them how far they could jump themselves at the end of the round and they kindly gave performance tips to the children. Well done to the young adults for gifting themselves so nicely! Thank you for their help and I hope they get to hear how their talents were appreciated.'

These are just a few examples of where our young people are able to grow and develop as confident, competent, Catholic valued, young women and men of conscience.

Yr 7-10 S1 Reports & Parent/Student/Teacher Conferences



All families in Years 7 to Year 10 should receive (via Compass) their young person's **Semester 1 Report this week**. This report will give you some deeper insights into their progress in the Academic growth domain across particular subjects. This will be followed by **Parent/Student/Teacher Conferences in Weeks 1 & 2 of Term III**. There are two dates available and you have a **choice of online and face-to face interviews** (or a mixture of both). Details on how to book will also be released shortly (again through Compass).

Year 12 Holiday Workshops

I would like to publicly acknowledge and thank the staff who continue to give their time over the upcoming holidays to conduct revision/study classes for our Year 12 students as they move into their HSC Trial Exams in three school weeks' time. There are over 16 subjects being offered over the two-week break. The final program will be emailed to all parents and students via Compass this week. I am sure our Year 12 students will make the most of this opportunity.

And finally, our **Pride Pom Dance** team will be competing this Sunday in their first competition at the *Cheercon NSW Icebreaker Cheer and Dance Competition* at Sydney Olympic Park. We wish them the best of luck!

Thank you for your time, and have an enjoyable and relaxing break.

Tony Gleeson, Principal

Assistant Principals' Reports



Running for Premature Babies

At last week's assembly we were lucky enough to have **Ms Sophie Smith OAM** speak with students about the charity she founded, *Running for Premature Babies*. She shared her personal story of turning heartbreak into hope.

Set up in memory of her prematurely born triplets, Running for Premature Babies provides urgently needed and life-saving neonatal equipment to hospitals around Australia, giving sick and premature babies a better chance of survival. The charity is currently recruiting runners for the *City2Surf* on 11 August, their virtual *Premmie Marathon Challenge* in November, and has 'charity superstar' entries for the sold-out *Sydney Marathon* on 15 September.

To find out more about the charity and how you can get involved, [click here](#) or watch this short [video](#).

"The beautiful thing about learning is that nobody can take it away from you."
- BB King

Patrick Brennan - Assistant Principal - Evangelisation and Catechesis

School Holidays

When preparing my Lion Roars contribution this week, I began reading various articles about the importance of school holidays. *Education Today* described holidays as 'often the only time when children can slow down. The rush of school, friendships, fears, and fun consume a lot of emotional energy. Time away from school can refresh and recharge your child's vigour. This can be time to recharge relationships within the family'.

Many articles identified holidays as a time for family, taking a mental and physical break, travelling, and a time to catch up. Several articles had concerns, particularly social isolation, loss of academic progress and lack of routine. There was the temptation to click on the articles titled 'why it is important to holiday without your children'!

However you are spending the holidays, may your family have a chance to rest and recuperate after a busy term.

Uniform

Please take the opportunity these holidays to ensure winter uniforms are up to a high standard. Of particular importance is the length of the girls' skirts and belts for boys to ensure their shirts stay tucked in all day.

Mrs Fiona Milkins, Assistant Principal, Student Achievement

TERM 3 2024 DATES

Note dates **may be subject to change**. You will be advised of any changes via Compass and/or The Lion Roars.

Pupil Free Days

Parent events/parents welcome

| Week | Date | Event |
|---------------|--------------------|---|
| T2 W10 | Thu 4 July | Students – last day for Term II |
| T2 W10 | Fri 5 July | CSBB Staff Strategy Day (pupil free day) |
| T3 W1 | Mon 22 July | Staff Development Day (pupil free day) |
| 1 | Tue 23 July | Student return for Term III |
| 1 | Thu 25 July | Students early finish – 12:30pm Year 7-10 Parent/Student/Teacher Conferences 1.15-7pm (online) |
| 1 | Fri 26 July | Co-curricular Photo Day (and final catch-up photos) CSBB Netball Dance – Ryde Eisteddfod |
| 2 | Tue 30 July | Students early finish – 12:30pm Year 7-10 Parent/Student/Teacher Conferences 1.15-7pm (in person) |

| | | |
|--------------|--------------------|---|
| 2 | Wed 31 July | Year 9 2025 Elective Parent Info Evening, 6.30pm (online) |
| 3 | Mon 5 Aug | HSC Trials begin CSBB Junior Basketball |
| 3 | Mon 5 - Wed 7 Aug | Year 8 Camp - The Great Aussie Bush Camp (Tea Gardens) |
| 3 | Tue 6 – Thu 8 Aug | Abbey Retreat (select Year 11 students) |
| 3 | Wed 7 Aug | CSBB Junior Rugby League |
| 4 | Tue 13 Aug | Year 9 2025 Subject Market Year 10 Science Showcase, 4pm (in person) |
| 4 | Wed 14 Aug | Year 10 Parent End-of-Year Information Session, 6pm (online) |
| 4 | Thu 15 Aug | Assumption Mass |
| 5 | Mon 19 Aug | Year 9 2025 Electives choices due CSBB Secondary Staff Strategy Day (pupil free day EXCEPT YEAR 12 COMPLETING HSC TRIALS) |
| 5 | Tue 20 Aug | Year 10 B Street Smart |
| 5 | Wed 21 Aug | Student Leadership 2025 Induction Ceremony (12.30pm) CSBB Junior/Inter Boys AFL, Junior/Inter Girls Rugby 7s |
| 5 | Fri 23 Aug | Year 7 Laudato Si Excursion |
| 6 | Mon 26 Aug | CSBB Inter Basketball |
| 6 | Wed 28 Aug | Parents in Partnership Mtg, 6pm (hybrid – in person & online) |
| 6 | Fri 30 Aug | Father's Day Liturgy & Breakfast, 7.30am CSBB Religious Art Prize submissions due |
| 7 | Tue 3 Sep | Year 12 HSC Showcase CSBB Athletics |
| 7 | Wed 4 Sep | Parent Coffee & Chat, 7.45-8.30am Year 12 Reflection Day |
| 8 | Mon 9 – Fri 20 Sep | Year 11 Exams |
| 8 | Tue 10 Sep | Year 7 2025 Information Evening, 6pm (in person) |
| 8 | Thu 12 Sep | RUOk? Day |
| 8 | Fri 13 Sep | Year 9 Reflection Day Year 12 Fun Day (Luna Park) |
| 9 | Wed 18 Sep | Year 12 Graduation Mass (12.30pm) & Ceremony (3.30pm) CSBB Junior/Inter Girls AFL, Junior/Inter Boys Rugby 7s |
| 10 | Wed 25 Sep | Year 7-10 Interim Reports |
| 10 | Thu 26 Sep | IGNITE Catholic Youth Conference Online Learning |
| 10 | Fri 27 Sep | Online Learning & Last day of classes for Term III |
| T4 W1 | Mon 14 Oct | Term IV commences for students and staff |
| 1 | Tue 15 Oct | HSC Exams begin (until 08/11) |
| 1 | Thu 17 Oct | Year 12 2025 Parent Information Evening, 6pm (online) |

WHAT'S BEEN HAPPENING?

Year 10 Vinnies Pantry Collection



Year 10 has done a fantastic job donating groceries and clothes to our local Vinnies Centre at Hornsby which had been getting very low on pantry supplies.

“This winter the Year 10 cohort recognised and acknowledged those in society who live their life rough on the streets, so our year group donated various items such as socks, tinned foods and sanitary items to the Vinnies Winter Appeal to help support those who are looked down upon and



living on the margins of society,” said **Matthew B**, Year 10.

The donations were met with great joy by the team at Hornsby Vinnies. “Your students have done an amazing job! It may not seem like not much to us, but it means a lot to our clients. Homeless people can come here to have a shower at Vinnies and it is great to be able to send them off with clean clothes and a full belly. It’s all about treating them with dignity,” said Jodie, Hornsby Support Centre Coordinator (*pictured above right with donations*).

Thank you to Year 10 Leader, **Ms Kate Todd**, who organised this as well as to all the generous families who have given their support.



Athletics Carnival Canteen & BBQ

Well done to the Year 11 Vinnies Team who backed up their amazing work at the Winter Sleepout by running the BBQ and Canteen at the Athletics Carnival.

Their steady hard work throughout the day raised almost \$1,000 towards the Vinnies Winter Appeal!

OLOR Cathedral Youth Retreat

For more information or registrations contact: olorcathedralyouth@gmail.com

Australia's Biggest Morning Tea

Last Wednesday, the Year 12 Leaders hosted Australia's Biggest Morning Tea, which was open to all Year 11 and 12 students. The Biggest Morning Tea aims to raise awareness of the support and services that Cancer Council is able to provide to those impacted by cancer.

Our own **Mrs Joanna Gower** shared her family's experience with cancer, and how this influenced her involvement with the Hornsby Relay for Life.



A big thank you to our sponsors: [Fayze Graze](#), [The Athlete's Foot](#), [Isabella K Beauty](#), and [Styled by Shauna](#).

An outstanding **\$692.50** was raised for The Cancer Council, which will go towards our [St Leo's Relay for Life team](#) tally.



Bible Study & Rosary

St Leo's is very blessed to have students who take their faith seriously and are willing to share it with others.

Every Monday at Recess, a faithful group of students spend their break time in the Chapel praying the rosary, led by **Remi** of Year 9. Every Wednesday during Mentor & Recess, **Matthew** and **Vito** of Year 10 run a student-led Bible Study which allows students to reflect and share on the words of scripture.

What makes this extra special is that both of these activities are completely organised and run by the students for the students.



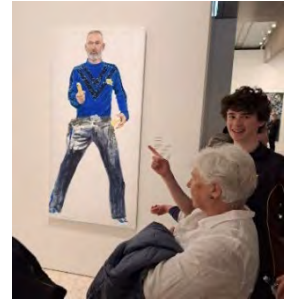
Yr 9 Visual Arts - The Archibald Exhibition



Last week, our Year 9 Elective Visual Arts classes had the wonderful opportunity to visit the annual Archibald Prize exhibition held at the NSW Art Gallery as part of their Portrait unit.



Students saw a wide variety of different paintings showcasing the talents of some of our country's most outstanding contemporary artists. They were then able to vote for their favourite portrait as part of the People's Choice Award. A portrait of 'Blue Wiggle' **Anthony Field** by **Camellia Morris** was a firm favourite, conjuring up nostalgic memories from childhood concerts.



In addition, they were able to witness firsthand a live 'artist in residence' studio set up by previous Archibald Winner and leading Australian artist **Wendy Sharp** as

she painted a mural for her upcoming exhibition. Students also had the opportunity to visit the new gallery which was exhibiting the astonishing work of **Alphonse Mucha**, a Czech-born Art Nouveau artist whose celebrity posters created a new language that defined the look of late 19th-century Paris.

Year 7 Reflection Day

Last Friday, an eager cohort of Year 7s entered the Light of Christ Centre ready for their first St Leo's Reflection Day. Reflection Days are like mini-retreats, giving students an opportunity for time out from their normal routine to think and talk about how they are going and their relationships with others and God.



The day was led by the **Year 10 Youth Ministry** class as a way of putting into practice their current topic of Youth Ministry and Leadership. **Matthew** and **Alena** were the MCs for the day, and the Year 10s also ran the games, performed skits about the challenges of Year 7, **Alison & Max** gave reflections on life in Year 7, a drama group performed a short play about sharing one's gifts, and **Jeremy** gave his personal testimony about his own journey of faith. A definite highlight of the day were the two panels of four Year 10 students, where the Year 7s had the opportunity to ask questions. The first panel was focused on *Life at St Leo's* while for the second panel the Year 7s asked great questions about spirituality and religion. "What makes you want to follow God? What makes it hard to follow God? What is God?" were just some that Year 10s answered.

Year 10 Peer Support students also assisted in running small group discussions, games and activities. The day finished with a liturgy in which the Year 7s showed their enthusiasm for singing, belting out the hymn *10,000 Reasons* at the top of their lungs! As part of the liturgy, each student placed a drawing of their hand decorated with their gifts and talents on the sacred space, symbolising the contributions that they are making to the St Leo's community.



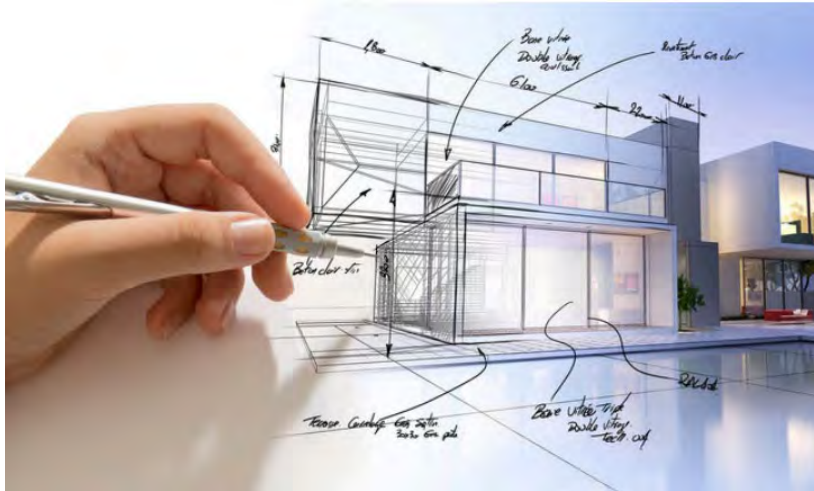
Congratulations to the Year 10s for their wonderful leadership of the day!

CAREER SPOTLIGHT

Discover your future

Careers, Pathways & Partnerships

SPOTLIGHT: Careers in Architecture



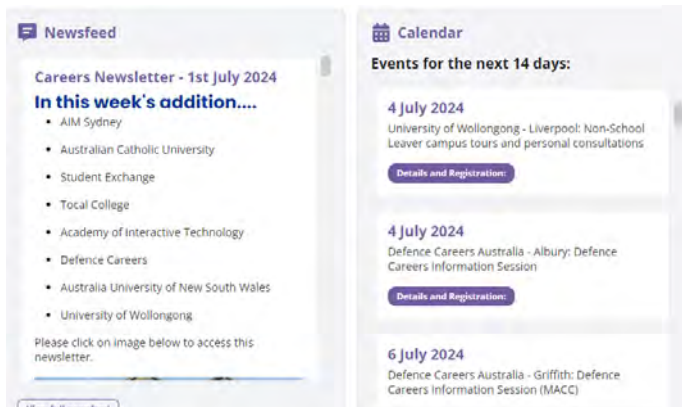
Careers in architecture combine the arts, sciences, and technology to shape and transform our built environment. People in these jobs plan, design, and construct commercial, industrial, institutional, residential and recreational buildings and spaces. Both Architectural Technicians and Draftspersons, as well as Architects have strong future employment prospects. They also earn a much higher income than the Australian median.

Study Pathways for Architecture

VET: Architectural Technician or Draftsperson - complete a 2-year Advanced Diploma of Building Design.

University: Architect - study English, Maths, and design-related subjects through to Year 12. Then complete a 3-year Bachelor of Architecture or a related degree at university, and a 2-year accredited Master of Architecture degree. Work at an Architecture firm for 2 years. Register with the Architects' Board in your state - you're officially an Architect!

*** In this week's [St Leo's Careers Newsletter](#):



Parents, can you help?

Careers Talks – 'A Day in the Life of ...'

We are looking for parents to help with our 'Day in the Life of' series on careers. Are you willing to spend 10-15 mins speaking to students about a typical day in your role?

Many students have little understanding of what it's really like to work within specific careers. You can give them valuable career insights on your industry.

If you are willing to talk about your industry, please [REGISTER YOUR INTEREST HERE](#).

CLICK HERE to read more!

St Leo's Careers Newsletter

[\(stleoscareers.com.au\)](http://stleoscareers.com.au)

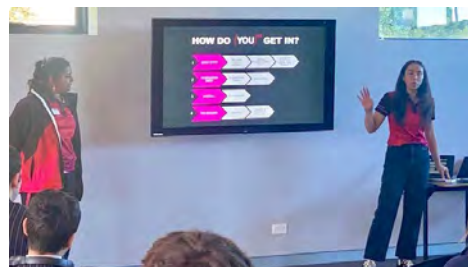
Including:

- Casual, Part Time & Full Time Job Opportunities
- Apprenticeship Opportunities
- University News and Open Day information
- General Careers Advice
- Calendar of Events
- Search for Courses
- HSC, VET, SBAT information
- Money Matters (how to apply for a Tax File Number, complete a Tax Return, etc.)
- Gap Year information
- ...and much, much more!

Macquarie University and ACPE presentations

In the last 2 weeks, we have had a number of Pathways/Careers activities taking place.

We had approximately 60 students from Year 11 and 12 attend a presentation by **Macquarie University**, which informed students about early entry pathways, courses and opportunities at the university from 2025. Last week, we also had **Australian College of Physical Education (ACPE)** come in to speak to Year 10-12 students about their sport, education, health and sports business-related degrees.



Pathways 'A Day in the Life' Presentations

This week we began a new Pathways initiative called 'A day in the life', where we invite people from our community who work in different industries to present to our students about what they do in their profession. We had a representative from Commonwealth Bank who builds digital products, engineers Artificial Intelligence products and produces Engineering Apps and services in the banking sector. Students found the presentation very interesting.



***** We are still on the lookout for any parents within our community who are willing to speak to our students about their industry. Please [email Ms Melissa Duff](mailto:melissa.duff@macquarie.edu.au) if you are interested in sharing what you do. We would love to hear from you!**

White Card Training

This week, 15 Year 9 and 10 students successfully complete a White Card safety training course. A White Card allows these students to undertake work experience in various trades and also prepares them for the VET Construction Pathways Stage 6 Course.



Tertiary Open Days

With the holidays upon us, our senior students and parents should be aware of various Open Days that are coming up. Many of these are included in the table below. Please make sure you register using the links attached to ensure there is space.

| Tertiary Institution | Date |
|---|---|
| <u>Australian Catholic University</u> | Blacktown Campus - 27 July 2024 Strathfield Campus - 17 August 2024 |
| <u>University of Wollongong</u> | Liverpool Campus - 27 July 2024 |
| <u>Charles Sturt University</u> | Wagga Wagga Campus - Sunday 28 July 2024 Port Macquarie Campus - Sunday 4 August 2024 Albury Wodonga Campus - Sunday 11 August 2024 |
| <u>University of Tasmania</u> | Rozelle Campus - Saturday 3 August 2024 |
| <u>Torrens University</u> | Surry Hills Campus (Bus, Ed, Health & Hosp) - Thursday 8 August 2024 Ultimo Campus (Design & Creative Tech) - Saturday 10 August 2024 |
| <u>Macquarie University</u> | North Ryde Campus - Saturday 10 August 2024 |
| <u>International College of Management (ICMS)</u> | Manly Campus – Saturday 17 August 2024 |
| <u>Newcastle University</u> | Central Coast Campus - Saturday 17 August 2024 |

| | |
|---|--|
| | Callaghan Campus - Saturday 31 August 2024 |
| TAFE NSW | Ultimo Campus - Sunday 26 August 2024 |
| <u>Sydney University</u> | Saturday 31 August 2024 |
| <u>University Technology Sydney (UTS)</u> | City Campus - Saturday 31 August 2024 |
| <u>Notre Dame University</u> | City Campus - Saturday 31 August 2024 |
| <u>University NSW (UNSW)</u> | Kensington Campus - 7 September 2024 |
| <u>Australian Catholic University (ACU)</u> | North Sydney Campus - 7 September 2024 |
| <u>University of Canberra</u> | Saturday 14 September 2024 |
| <u>Australian College of Physical Education (ACPE)</u> | Homebush Campus - 28 September 2024 |

Ms Melissa Duff, Careers Advisor

Community Tutoring Program

Urgent! Tutors Needed for Term III – Thursdays, Periods 3- 4

Due to the strong demand for our Community Tutoring Program (CTP) in Term 3, we are in urgent need of additional **volunteer tutors who can spare a few hours per week – specifically on Thursdays between 11.25am-1.25pm.**

We are looking for **parents, grandparents, other relatives and friends** from all walks of life willing to help our Year 7 students who need a bit of extra help with basic literacy and numeracy skills (generally primary level reading and maths – you don't need to be good at maths or English). **No experience is required – full training provided** for this rewarding role with our great Community Tutoring team.



If you or anyone you know may be interested, please contact our Community Tutoring Volunteer Coordinator, **Mrs Sarah Szacsvey** by [email](#) or phone 0421 082 909 to find out more about the program. We would love to speak with you!





International Asteroid Day

In the Library this week, we celebrated **International Asteroid Day**, which fell on 30 June, with a diverse selection of books. Our titles have come from both the fiction and non-fiction sections, featuring informational texts directed at various ages as well as fictional stories with a space theme.

Thank you to **Patrick W** in Year 10 for our fabulous signage!



Librarian's Choice

Non-fiction: "The 2024 Guide to the night sky, Southern Hemisphere".

Fiction: "The Adventures of Tintin, The Shooting Star".

All available to browse or borrow!

Student Book Recommendations

There is a new addition to the library space, watched over by our gorgeous mascot Leo.

We now have a *Student Book Recommendation Box* with voting slips beside it. I am hoping it will assist everyone to find a book that ignites the passion of reading.

Our wide reading groups from Year 7 and 8 come to the library once a fortnight and are sometimes challenged in their attempts to locate a book they are really interested in reading. Perhaps the student recommendations below may help in their choice.

We have a number of 5/5 Star and 4/5 star recommendations:



★★★★★

- Sarah Maas, "A court of thorns and roses"
- Carissa Broadbent, "Serpent and the Wings of Night"
- Stephanie Garber, "Once Upon a Broken Heart"
- Tahereh Mafi, "Shatter Me"
- Suzanne Collins "The Hunger Games"

★★★★☆

- Rick Riordan, "Magnus Chase and the Sword of Summer"
- Rick Riordan, "Magnus Chase and the Hammer of Thor"
- Sarah Maas, "Throne of Glass"

So far all our recommendations have come from Year 8. It would be great to add feedback from other year groups, so please add your suggestions to the box.

I would like to wish all our students and their families a safe and enjoyable holiday, and I hope that reading is an integral part of your relaxation.

Ms Victoria James, Acting Librarian

CAPA Wrap

Private Music Tuition - Studio Concert Semester 1

Congratulations to the following Year 7-12 students who participated in the Semester 1 Studio Concerts on Monday 24 June:.

| | | | |
|-----------|-------------|------------|----------------|
| Zoe M | Chloe M | Isabella P | Conor C |
| Tara C | Augustine L | Freya A | Cody C-S |
| Sienna R | Luke J | Dominic D | Hamish L |
| Andrew D | John L | Amelia R | Salome L |
| Lauren C | Joshua S | Sophie R | Thabo M |
| Sophien R | Stefan M | Lilly O | Chresten B-N |
| Marcus G | Alison D | Niall C | James (Jimi) F |
| Henry B | Joseph S | Isabella P | Conor C |

What an incredible showcase of how hard they have worked throughout the semester. Thank you to the tutors for all your efforts in developing and working with our amazing musicians. Extra thank you to the staff that came to support the performers.





CAPA Cubs Showcase 2024

On Tuesday July 2, our wonderful CAPA Cubs Program performed in the first annual Cubs Showcase. There were performances from Cubs Drama, Cubs Dance and Music Ensembles including the Cubs Concert Band, Cubs Singers and Guitar Ensemble as well as two special performances by the Lions Drama Club.

Our ensembles performed to family, friends and staff in the Light of Christ Centre and absolutely blew us away with their talents. Congratulations to the wonderful performers involved, St Leo's is lucky to have you!

A special thank you to the following CAPA Cubs ensemble teachers and leaders for their endless passion, organisation and efforts in supporting our students this semester: **Mr David Bell**, **Miss Grace Colley** and external staff **Miss Tyler Old** and **Miss Taylor Herbertson**.



Reminder: Co-Curricular Website & Contact Details

All information regarding our CAPA Co-Curricular Program is available via our [St Leo's Co-Curricular CAPA Website](#), we encourage you to bookmark this page. Thank you for your ongoing support and please do not hesitate to [email Mrs Field](#).

Mrs Ellie Field, Leader of CAPA Co-Curricular

REMINDERS

Year 12 HSC Holiday Workshops - Timetable

| Week 1 Sessions (July 8-12) | | | | | |
|------------------------------|---|---|--|---|--|
| Time | Monday (8/7) | Tuesday (9/7) | Wednesday (10/7) | Thursday (11/7) | Friday (12/7) |
| 9-10am | EGS MML05 | Visual Arts All Day Art Rooms Drama MML09 Session 1: 9am – 11.30am Essay writing Session 2: 12pm – 2.30pm Group Performance | | ENGLISH (STA & ADV) MM107 Reading Paper – Rev | Hospitality GGM04 |
| 10-11am | CAFS XCG01 EGS MML05 | | | ENGLISH (STA & ADV) MM107 Reading Paper – Rev | Hospitality GGM04 PDHPE MM106 |
| 11-12pm | CAFS XCG01 EGS MML05 | | Dance MML09 (11:45am start) | ENGLISH (STA & ADV) MM107 Module Rev | PDHPE MM106 |
| 12-1pm | CAFS XCG01 EGS MML05 | | Dance MML09 | ENGLISH (STA & ADV) MM107 Module Rev | |
| 1-2pm | | | Dance MML09 | ENGLISH (STA & ADV) MM107 Practice timed task & self-assess | |
| 2-3pm | | | Dance MML09 | | |
| 3-4pm | | | Dance MML09 (3:30pm finish) | | |
| Week 2 Sessions (July 15-19) | | | | | |
| Time | Monday (15/7) | Tuesday (16/7) | Wednesday (17/7) | Thursday (18/7) | Friday (19/7) |
| 9-10am | ITT & DT Lower MM | Maths (Std1, Std2, Adv, Ext1, Ext2) (BHG02, BHG03, BHG06) (Timed Paper) | Biology BHG01 | Music 1 MML03 Drama MML09 Session 3: 9am – 2pm Ind. Projects (ind times) | Modern History MM101 Hospitality GGM04 Chemistry BH1L5 |
| 10-11am | ITT & DT Lower MM Maths (Std1, Std2, Adv, Ext1, Ext2) (BHG02, BHG03, BHG06) | Maths (Std1, Std2, Adv, Ext1, Ext2) (BHG02, BHG03, BHG06) (Timed Paper) | Biology BHG01 | Music 1 MML03 Drama MML09 Session 3: 9am – 2pm Ind. Projects (ind times) | Modern History MM101 Hospitality GGM04 Chemistry BH1L5 |
| 11-12pm | ITT & DT Lower MM Maths (Std1, Std2, Adv, Ext1, Ext2) (BHG02, BHG03, BHG06) | Maths (Std1, Std2, Adv, Ext1, Ext2) (BHG02, BHG03, BHG06) (Timed Paper) | Soc & Culture (PIP Workshop) THG06 Ext English MM106 | Music 1 MML03 Bus Studies MM101 Drama MML09 Drama MML09 Session 3: 9am – 2pm Ind. Projects (ind times) | Modern History MM101 |
| 12-1pm | ITT & DT Lower MM | 3 hr timed prac XCG01 A 3 hour timed paper for those interested. Pls come prepared with a paper - speak to your teacher. | Soc & Culture (PIP Workshop) THG06 Ext English MM106 | Music 1 MML03 Bus Studies MM101 Drama MML09 Session 3: 9am – 2pm Ind. Projects (ind times) | History Ext MM101 |
| 1-2pm | ITT & DT Lower MM | | Soc & Culture (PIP Workshop) THG06 Maths Std BHG05 | Music 1 MML03 Bus Studies MM101 Drama MML09 Session 3: 9am – 2pm Ind. Projects (ind times) | History Ext MM101 |
| 2-3pm | ITT & DT Lower MM | | Soc & Culture (PIP Workshop) THG06 Maths Std BHG05 | Bus Studies MM101 | |

Religious Creative Arts Competition



2024



RELIGIOUS CREATIVE



ARTS COMPETITION

MAY THE GOD OF HOPE FILL YOU WITH JOY
Romans 15:13

HOW TO ENTER

You're invited to join this celebration of creativity and talent. Open to all CSBB students from Kindergarten to Year 10, this event features five exciting categories: visual arts, dance, drama, music, and short film. These artworks must reflect this year's theme "JOY" (Romans 15:13). Finalists may have the opportunity to perform or display their work at a special 'Showcase' performance evening, with industry performers and judges in attendance. Don't miss out on this incredible chance to showcase your creative talent!

Stage 1 - Competition closes 16 August 2024.
Stage 2 - Finalists Judging 9/10 September 2024.
Stage 3 - Finalists showcase evening 13th November 2024.

Register your interest at your school and mark the important dates on your calendar. Get ready to make your mark in the world of art and entertainment!



PROUDLY SUPPORTING
Eileen O'Connor
Catholic School

Entries closing
16 August 2024

More info
for staff



Wellbeing – Parent Seminars & Resources



Screenagers
Digital mental health and young people

Free webinar | 23rd & 24th July
Parents | Teachers | Students

- Learn the **neuroscience of digital media** and the developing brain
- Discover **simple and effective tips** to limit screen time and minimise harm
- Identify and overcome **common obstacles** and avoid unnecessary conflict
- Find out how to **model healthy behaviours** in the digital age
- How, why, where and when to **seek help**

All welcome



60 mins (plus Q&A)

Register for free: <https://form-aus.keela.co/digital-mental-health-webinar>



eSafety Commissioner
2024 Parent Webinars

These live webinars give parents and carers the knowledge, skills, and tools to support your children to have safe online experiences. [MORE INFO HERE](#)

Free Webinars include:

- eSafety 101: How eSafety can help
- Wellbeing and digital technologies
- Consent and online boundaries: how to support your primary-aged child
- Setting your child up for success online

📅 Thu 29 August 🕒 7-8pm

Finding wellbeing at school from student perspectives: barriers and opportunities in the built environment.

A/Prof Jenna Gillett-Swan

Insights from student perspectives of how the physical built environment of schools can contribute to or detract from wellbeing. The simple yet vital importance of seeking and valuing student's experiences and perspectives.

Program Online Evening Webinars

📅 Wed 28 August 🕒 7-8pm

Understanding and responding to anxiety at home and school.

Dr Lyn O'Grady Community Psychologist and Educator.

This webinar will explore anxiety and how it plays a role in the lives of children and young people. While some anxious feelings can be helpful and keep us safe, sometimes anxiety can become debilitating, impacting on enjoyment of life and school attendance. Ways that adults (parents, carers and school staff) can support children and young people experiencing anxiety and help build their resilience will be outlined.

A Conference for School Wellbeing Leaders and Parents

It's not okay... bullying, vaping, social media bans, challenges to young people's wellbeing, increased anxiety, rights violations, online abuse of young people's privacy and corporate surveillance and targeted advertising... so together let's make positive change in our schools.

Single Evening Webinar \$50.

Enquiries admin@wisawellbeing.com.au or Ph 0423 823 145
Free health checks offered on the day.

WISA

PROUDLY SUPPORTED BY
Parents Victoria

AROUND THE GROUNDS

Athletics Carnival



On Thursday 20 June, the annual College Athletics Carnival was held at Foxglove Oval in Mount Colah. The day started in very cold conditions but once the sun came out and the frost melted away, it was a beautiful day for students to compete in a variety of championship and novelty events.

The competition on the track and in the field was spectacular to watch with **Chelsea F** (U/14 Girls) breaking the discus record with a new distance of 24.48, eclipsing the previous record set in 2010 by 60cm. On the track, the U/16 Girls 800m was one of the highlights with **Freya T** breaking a record set in 1990 by an amazing seven seconds.

Students who achieved 1st or 2nd in the 100m, 200m and 800m along with students who finished 1st in Long Jump, High Jump, Shot Put, Discus, and Javelin will qualify for the CSBB carnival to be held in Term III (3 August).

Age Champions!

From their results on the day the following students were crowned Age Champions:

U/12 Female – **Angela R**

U/12 Male – **Xavier K**

U/13 Female – **Lucy E**

U/13 Male – **Jacob H**

U/14 Female – **Chelsea F**

U/14 Male – **Charles C &**

Fletcher G

U/15 Female – **Isabelle G**

U/15 Male – **Armando M**

U/16 Female – **Freya T**

U/16 Male – **Adam P**

U/17 Female – **Milla D**

U/17 Male – **Alex M**

U/18 Female – **Natasha T**

U/18 Male – **William W**



In both the championship events and novelty events students earn house points for their results and participation. The overall house point score was:

4th Place on 2084 points – Loyola and Bakhita

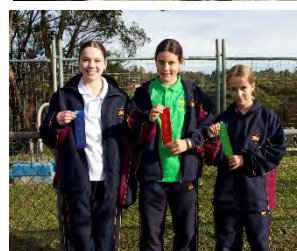
3rd Place on 2286 points – Xavier and Mackillop

2nd Place on 2814 points – Aquinas and McAuley

1st Place on 3011 points – Chanel and Theresa

Congratulations to all students for their efforts on the day, and to our amazing staff for running a fabulous day.

Thank you especially to **Mr Michael Kember** for all his hard work with organising the event to make the day such a success.





Peninsula Cup

A few weeks ago in this newsletter, we reported on the progress of the U/16 Boys Soccer and U/18 Girls Netball teams at the half way point of the Peninsula Cup competition.

Since this date, both teams have had great success with a number of victories throughout the regular season. This culminated in both sides reaching the Grand Finals on their respective competitions. Due to wet weather, the **U/16 Boys Soccer grand final** was postponed to early next term and they will play against St Luke's.

The **U/18 Girls Netball team** played the grand final against Mater Maria. In the regular season, the team had beaten Mater twice and started

extremely strong in the final, being up by four goals at quarter time. This lead was slowly extended as the match progressed with the team coming out as eight goal victors.

Congratulations to the following students: **Holly B, Bridgette C, Emma W, Siobhan Mn, Ruby K, Eliza W, Olivia L, Makayla A, Kyras M, Alicia E, Chelsea F and Lucy E.**



Junior Soccer Gala Day

On Thursday 13 June, the **U/13 Boys and Girls Soccer** teams competed at the CSBB Championships at Cromer Park. The girls team came up against strong opposition throughout especially against a number of all-girls catholic schools and narrowly missed the semi-finals of the competition.

The boys started strongly on the day winning five out of six pool matches and qualified for the grand final. In the grand final, they boys faced St Edward's who had beaten them earlier in the day. St Leo's started strongly and were awarded a penalty. When this was converted, it saw the boys find some extra effort and go on to score again. With a final score 2-0, they were crowned **CSBB Junior Soccer Champions**. A big thank you to Mr Bell and Miss Barone for coaching the teams.




Sports Trials and Training Information (Terms III & IV)

A reminder to all students that **all upcoming sporting trials and trainings are posted weekly on the 2024 St Leo's Sport Google classroom page.**


If there are changes due to weather or other circumstances this page is constantly updated. The code for the page is **6q7xvvh**.

Please ensure that you are constantly checking this page so that you are able to keep up to date with all trials.

Join our St Leo's Bowls Team for a fun day learning how to bowl!



Holiday Bowls Day




at Pennant Hills Bowling Club





Wednesday 17th July

High School age students / players
10.30am - 2.30pm (Lunch provided)

Bowls tuition, bowls games & activities,
visiting expert coach

Equipment, coaching & lunch
for only \$35 each



For all information and to register,
imoyes15@outlook.com, or call
 Youth Co-ordinator IAN MOYES 0417 140 355

Community Notices

Part of the cast at the this week's CAPA Cubs are also part of the local *Hornsby Gang Show*. Some of our talented students are performing in "Tumble Through Time" from 5-13 July at Abbotsleigh. Please support these students (as well as the Sydney North Region Scouts and Guides). Further details @ www.gangshow.com

Hornsby Gang Show - Tumble Through Time

Friday 05 July - Saturday 13 July 7.30 pm - 9.15 pm

[Book Now](#)

Location: Abbotsleigh, Wahroonga, 1666 Pacific Hwy, Wahroonga NSW 2076

Event cost: \$25-\$35

Contact: Peter Marshall

Phone: 0468 392 081

Email: hornsbygangshow@nsw.scouts.com.au

Take a tumble through time and end up at the Hornsby Gang Show.

The Scouts and Guides at Hornsby Gang Show are renowned for staging a bright and colourful variety show every year in the July school holidays.

The show will be performed at Abbotsleigh, Wahroonga from 5–13 July 2024.



Teaching **Learner drivers** - The facts



As young people approach driving age it is important, they and their parents or carers are aware of what is ahead as a learner driver and how they achieve the 120 supervised driving hours in their logbook. As you may be aware, P-plate drivers are involved in more crashes than any other driving group (including learner drivers). Parents play a key role in guiding and promoting safe driving habits.

Hornsby Shire Council holds a virtual presentation via Microsoft TEAMS several times a year offering practical advice and information to parents/carers and supervising drivers on how to help learner drivers become safer drivers. The presentation includes information about:

- Understanding the Graduated Licensing Scheme and the current laws of L and P licence holders.
- Completing the *Learner driver logbook and App*.
- Understanding the benefits of supervised on-road driving experience.
- Supervising learner drivers.
- Young Driver Issues.
- The Safer Drivers Course.
- Lots of tips to help the supervising driver and learner.

The next presentation council is offering is on **Wednesday 21 August 6pm – 7.30pm**.

For bookings visit: <https://www.hornsby.nsw.gov.au/learnerdrivers>. **COST IS FREE**



Holy Family Catholic Primary School Lindfield



Year 5 & 6 Soar to Success

Wednesday 31st July
6:00pm - 7:30pm

Open Evening for Prospective and Current Parents



Scan now to register

Pauline Dinale, Principal
Holy Family Catholic Primary School
4 Highfield Road Lindfield 2070
(02) 7256 2141
www.hfddb.catholic.edu.au



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THURS 18 to SUN 21 JULY

Thurs-Fri: 9am-9pm & Sat-Sun: 9am-5pm
The Great Hall
Knox Grammar School
Woodville Avenue, Wahroonga

WITH THANKS TO



Lifeline Harbour to Hawkesbury Sydney - supporting your community



ZIP UP YOUR WARMEST PARKA AND BE READY FOR ANYTHING...
DOUGLAS PICKERING PAVILION, ST IVES SHOWGROUND,
11-14 JULY

TICKETS



Holiday Activities for YEARS K-6 **MSTYP** MARIAN ST THEATRE FOR YOUNG PEOPLE



MAKE A PLAY
DRAMA WORKSHOPS

ENROL



SCHOOL HOLIDAYS: 09:30 - 12:30
8TH - 19TH JULY KILLARA HORNSBY



Unfortunately, we can't accept book donations at the Book Fair. Please visit our website to see donation locations.

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