

Welcome to the Parental Lion Roars for Week 2 Term 3, 2024

Principal's Message

A warm welcome back for our second semester for 2024. I hope that all families were able to spend some quality time together over the past two weeks. A special welcome to our 4 new students and their families, that have commenced their faith and learning journey at St Leo's this semester.

Olympic Lessons for HSC Trials

Along with many other Australians, I watched the Women's 200m Freestyle swimming final very early on Wednesday morning. The post-race interview with our two medal winners, **Mollie O'Callaghan** and **Ariarne Titmus**, was filled with absolute joy and pride for their fantastic, world-class achievement. A little later, I watched the post bout interview with Australian boxer, **Harry Garside**. He gave a very emotional and heart-felt explanation about his feelings of having failed many people in his unexpected loss to the Hungarian, **Richard Kovacs**.

I spoke of this to our Year 12 students this morning as they commence their

Trial HSC Exams on Monday. Medals, or failures will eventually fall away. What is more important is what comes from the heart. The reflections on your performance and whether you have been true to yourselves is what counts in life. In both interviews above, it was evident that hard work, determination and resilience was what was needed in either case. I think we are all proud of these athletes – regardless of their results.

We keep our Year 12 students in our prayers and thoughts as they commence their Trial exams and finishing up their major works across a number of practical subjects.

Please keep in Your Prayers

We also keep in our prayers the family and friends of **Ethan Kotarac**, a Year 12 Barker student who lost his life in a motorcycle accident last Saturday evening. Some of our Year 12 students were very close friends of the family and have been supporting them through this tragic accident. The College has sent condolences to the Barker community.

NAIDOC Celebration

Last week our College community witnessed a traditional Smoking Ceremony on our lower oval. Thank you to Ms



Murphy and our student leaders who organised the gathering with Mr Adam Byrne, a proud Garigal/Gadigal man. Adam explained the significance of a smoking ceremony, and Year 12 and staff were invited to take part in the actual ceremony. Adam referred to our shaded playground area outside Aquinas House named 'Muru Mittigar' – which means meeting place for the family. Although often easier to refer to as the 'playground' or 'yard', I challenged our community to remember the correct name as a mark of respect for our First Nations people.

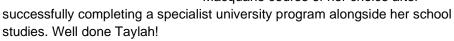




Mrs Murphy presented an artwork to the College by an emerging Dharug artist, **Paige Stubbs**. 'Connection through Fire' was created especially for St Leo's, celebrating ideas of connection through fire and identity. If you are visiting the

College, please view the work which is currently on display in College Reception.

Following the Smoking Ceremony, another guest, **Hayden Brown** from Macquarie University, presented Year 11 student **Taylah F** with an Early Entry offer to the Macquarie course of her choice after





Staffing

Ms Laura Sheehan – joins us as a permanent member of our Science teaching staff. Laura has previous experience in schools in the Eastern and Northern suburbs and has held leadership positions ranging from Head of House to Leader of Learning Pathways. It's great to hear our young people are enjoying her classes!

Mr Matthew Hunter – joined us late last term, but had prior commitments to the NRL (National Schoolboys Rugby League Tournament). Now he has joined us full time he brings 19 years of teaching experience in schools across the central coast, from Year 7 Mathematics level to Extension 2 in Year 12.

Ms Jess Watts – has been appointed as Wellbeing for Learning Partner for the College. St Leo's was fortunate enough to gain funding from CSNSW for this position. As many of you will know, Jess has extensive experience both as a Leader of Year 7 Transition as well as a targeted behaviour interventionist. Jess will bring her experience and knowledge to support our Director of Wellbeing for Learning – Ms Megan Profilio (Tynan) and the wellbeing team. I met with them this week and plans are well under way to further address the particular needs of our young people here at St Leo's.

One of College counsellors, **Ms Jaya Kudhail** (*right*) has resigned, and we are currently filling this important position. Jaya was with us for just on three years and made a positive difference in many of our students' lives. Thank you to Jaya for her enthusiastic and caring nature for our young people and their families.



Parent/Student/Teacher Conferences

This week saw the second of our Parent/Teacher/Student conferences for Years 7-10. Thank you to those parents/carers who either met with staff online or face-to-face over the past two weeks. I am sure with the feedback provided by their teachers, our young people will be able to strive to be the best that they can be in not only their learning, but also as people.

Dance Fever

Congratulations to our Dance Teams and staff who successfully competed in recent competitions. They achieved some fantastic results at last weekend's Ryde Eisteddfod Dance Competition:

- 2nd Pride Hip Hop
- Highly Commended Pride Jazz
- Highly Commended St Leo's Company.

The Lions Jazz and Hip Hop teams who also won the Edna Wilde Scholarship, with money to go to the ensembles.

During the holidays, the **Pride Pom Dance Team** competed in their first competition, the Cheercon NSW Icebreaker competition in Sydney Olympic Park and came away with First Place as well as being crowned Grand Champions for their division!

Congratulations to all students involved, and the staff who gave up their time to provide this experience to our keen and eager students: **Mrs Field, Ms Bianca, Ms Tyler** and **Ms Fia**.









Softball Success!





Congratulations to Year 12 students Milla and Maddi D on winning Gold with the NSW All Schools Softball team recently! To cap off this achievement, Milla was also selected in the All Australian team. Well done to you both!

Tuesday 13th August – Early Dismissal at 2.45pm

CSBB and **Bishop Anthony** will be hosting Catholic Schools NSW Board, Directors and CSBB Principals here at St Leo's on Tuesday 13 August. To ensure various venues and facilities are ready for this visit, students in Years 7 to 11 will be dismissed 15 mins earlier on this day, at 2.45pm. Supervision will be provided for those students who need to remain at school until 3pm.





All Set for Year 8 Camp!

We wish Year 8 all the best for a safe, enjoyable and challenging camp on Monday to Wednesday of next week. Thank you in advance to those staff who once again are giving time away from their families and their regular classes for our students to

have this valuable opportunity. As we watch the 2024 Olympics – nations competing against other nations - our Outdoor Program is in most cases our young people competing against themselves, being taken out of their comfort zones both physically and mentally to develop their skills of resilience, determination and independence.

Thank you to those staff who are providing this opportunity, particularly to Mr Ashley Johansen, Year Leader and Camp Organiser! Other staff attending are Mr Richard Hannan, Ms Hayley Vane-Tempest-Stewart, Ms. Ashley Hoffman, Mr Callum Saul, Ms Victoria Martin, Mr Ted Spurtacz, Ms Grace Colley, Mr Roger Topp, Ms Trish Cura and Ms Jeannine Medlock.

Aerobics Nationals

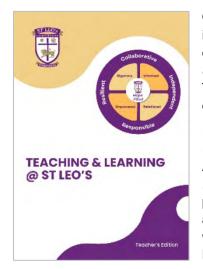
And finally, all the best to our College Aerobics teams who are travelling to Adelaide to compete at the National titles next weekend!

Thank you for your time and I wish all our community a productive and peaceful Term 3,

Tony Gleeson, Principal

Assistant Principals' Reports

Teaching and Learning Framework



On the first day of Term 3, our staff engaged in a Professional Development Day. On this day we launched to all teachers our *Teaching and Learning @St Leo's* framework (*left*). This teaching framework is a collaborative document that all staff have contributed to.

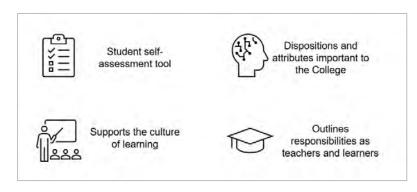
It started with two 'simple' questions... 'What do we want a St Leo's learner to look like? And 'What do we want teaching at St Leo's to look like?' With input from staff, students and parent representatives, our Learner Attributes and Dispositions (right) were developed, which became the basis of our Teaching and Learning framework.

EDUCATION BREEDS -confidence CONFIDENCE BREEDS -hospe HOPE BREEDS -confucius



What is a Teaching and Learning Framework?

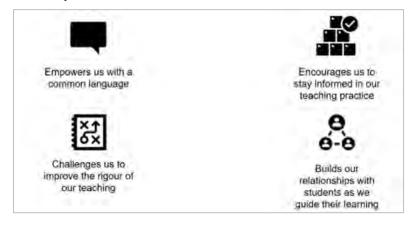
A Teaching and Learning Framework provides us (teaching staff) with a comprehensive plan to enact teaching and learning experiences.



It guides and supports our teachers

in the design, delivery and evaluation of highquality teaching and learning practices which ultimately aim to improve every student's ability to understand more about the way that they learn.

What impact will the framework have on the teachers at St Leo's?



How will it be rolled out to the students?

During this term and next, students will begin to see changes in their classroom. This will begin with the language that teachers are using. Students will be asked to reflect and measure the attributes of Collaboration, Independence, Responsibility and Resilience as it relates to their learning in every class.

Each of these attributes will be discovered individually and teachers will be receiving professional development relating to how

they can assist students to develop these skills and improve their learning within each and every classroom.

There will be a student version of the framework released that aligns with our *Positive Behaviour Policy*. All contributing to our understanding of the *'image of a St Leo's learner'*.

Mrs Fiona Milkins, Assistant Principal, Student Achievement

WHAT'S COMING UP

Academic Update

Year 12 Trial Examinations

This year's Trial HSC Examinations will take place over Weeks 3- 5, starting next Monday,
August 5. The Trial examinations are an important practice period for our students. During this
time, we ask that all members of our community are **respectful of our Year 12 students and remain quite in the areas around the examinations as signposted** (The Light of Christ Centre, Rome Gallery and Lower
Theresa House) so that each student is able to perform at their best. Thank you for your co-operation.

Year 8 (Year 9 2025) Subject Selections



This Term, Year 8 have begun the process of looking at which subjects they would like to study as electives in Years 9 and 10. St Leo's offers approximately 25 courses students can choose.

Following the Parent Information Session held this week, the remaining key dates for Year 9 2025 Subject Selection are:

- Friday, 16 August Subject Market Day (at school student only event)
- Friday, 23 August Subject Selections due

NAPLAN Results (Years 7 & 9)

Individual Student Reports for NAPLAN 2024 have been delivered to the College. These will be mailed out to families of Year 7 and 9 over the coming weeks. If you do

not receive this in the mail by the end of Week 4 (**Friday, 16 August**) please contact the College and we will arrange for a digital copy to be sent out.



Last term, the College made some adjustments on Compass. One of these adjustments was related to merit awards. We are currently merging merits from the old system across to the new one. Please bear with us as we make these adjustments.

NEW - St Leo's Writing Collective

Calling all students with a passion for writing or who love being creative!

The English Team is reaching out to all aspiring young writers in Years 7-11 to join our St Leo's Writer's Collective. If you are interested in working with like-minded peers on all things creative writing, we would love for you to come along to our group to have a chat about your favourite stories and indulge in some lightning writing activities.

The collective will be running <u>after school on Thursdays from 3-4pm starting in Week 4</u>. Interested students should fill out the <u>Expression of Interest form</u>.



2024

YOUTH MINISTRY & SOCIAL JUSTICE



New Vinnies Van at Woy Woy

On Friday 19 July, five Year 11 students and two staff set out on a cold winter's night to feed those in need on the Central Coast.

Last month the Society of St Vincent de Paul started a brand new 'Vinnies Van' service based in Woy Woy to bring a hot drink, sandwich, snack and most importantly, a smile and listening ear to those who are struggling to get by.

It was a quiet night, as the locals are still getting to know about the new Vinnies Van service. But there was a lovely sense of a developing community, particularly at our second stop where the locals came for a feed but stayed to chat.



St Leo's has volunteered to support this service on one Friday per month and it is a great opportunity for our students from Year 11 to make a difference in the lives of the less privileged in our community. We are being supported in

this by Waitara CatholicCare who have a day program for people with disabilities and have volunteered to make the sandwiches and snack packs for us to distribute.

This is a fantastic partnership between

three Catholic organisations - CatholicCare, St Leo's and Vinnies - in order to bring Christ's love to those in need: "I was hungry and you gave me something to eat…" (Matt 25:34).

Many thanks to Mr Gould for giving up his Friday night to accompany us.



Rev Adrian Gomez, Youth Ministry Coordinator

Ignite Youth Conference 24

Ignite Conference is a national Catholic youth gathering for four days of unforgettable music, inspiring speakers, dance, media, sacraments, workshops and worship that is being held here at St Leo's at the end of this term! Please take a look at the Ignite website or click on the image below right for more detail.

Last year was the first time the Ignite Conference was held at St Leo's and we had over 700 participants join us from around NSW, Victoria and even Tasmania (a second Ignite conference was also held in Brisbane). It is a great opportunity for our students to grow in their faith, hear inspirational messages and mix with young people of faith from around Australia.

This year it will be held from 4pm, **Thursday 26 September** to 1.30pm, **Sunday 29 September** (Term 3, Week 10). Friday, Saturday and Sunday begin at 9am. Thursday, Friday and Saturday finish at 9.15pm.

Each day will begin and end with a youth rally in The Light of Christ Centre, with a concert-like atmosphere and engaging and dynamic speakers. During the day there will be keynote talks, elective workshops and small group sessions with students from the same year group from other high schools.





A night Rally in the Light of Christ Centre from last year's Ignite Conference.

all students in Years 9 to 11 that will include information on how to buy tickets and the St Leo's discount code.

An invitation will shortly be sent out via Compass to

The full cost of attending the Ignite Conference is \$330 (incl. lunch and dinner on Fri/Sat and brunch on Sunday). However, Catholic Schools Broken Bay (CSBB) have generously agreed to subsidise this by \$182.50, so that our students only pay less than half price: \$147.50.



St Leo's students and staff at the end of Ignite 23 - look at the joy in their faces!

While the Ignite Conference is open for all ages, St

Leo's is recommending it for students in Year 9 and above and providing them with supervision. If you have a child from Year 7 or 8 who wishes to attend, they may use the discount code, but will have to be supervised by a parish youth group or a parent. Adults and young adults are also able to participate with age-appropriate workshops - please contact your local parish to see if you can get a discount if you are interested in attending.

If you have any questions about the event, please contact Rev Adrian Gomez.

Environmental Group Update

Over the holidays, the College received the eagerly anticipated delivery of a compost bin, greenhouses, and worm farm that we successfully fundraised for last term. This exciting new equipment is a testament to the dedication and hard work of our students. We also thank everyone who purchased something from our cake stall!

During our first meeting of the term, our enthusiastic students rolled up their sleeves and dived into setting up the worm farm. It was a hands-on learning experience where they not only got their hands dirty, but also enjoyed seeing their efforts come to fruition.

The students were thrilled to witness the beginning of what promises to be a thriving, eco-friendly project.

Looking ahead, our next meeting will focus on setting up the compost bin and greenhouses. This will be another fantastic





opportunity for students to engage in sustainable practices and learn about the importance of composting and growing their own plants.

We encourage any students interested in participating to join us on <u>Tuesdays at lunchtime in Lab 1</u>. Whether a green thumb or just curious about the project, all help and involvement will be greatly appreciated.

We look forward to seeing students there!

WELLBEING FOR LEARNING UPDATE

New Appointment – Wellbeing for Learning Partner

Congratulations to **Mrs Jessica Watts** who has accepted the new role of Wellbeing for Learning Partner. Her role is to work alongside the Wellbeing for Learning team and identify the needs of our students.

Jessica has been busy surveying students and gathering data on the varying needs of each year group. She has also been canvassing specialist programs and workshops that directly meet the needs of students as demonstrated by the results.

You will notice that there will be additional support groups and guest speakers welcomed to our college to build the resilience and capacity of our students to strengthen our community at St Leo's.

Kids Helpline Presentation – Friday August 16

Kids Helpline are hosting the 'Largest Anti-bullying Lesson' and we have been invited to be part of it!

The lesson will be run by a Kids Helpline counsellor and aims to empower students with practical tips and advice on how to deal with bullying while ensuring they know support services like Kids Helpline are available to help. It is tailored to high school students and the content is evidence-informed and based on the latest in psychoeducational research.



Students will learn:

- What bullying actually is (and isn't)
- Recognising the impacts
- · Practical, in-the-moment responses
- How to look after themselves and others.

Students from Years 7- 9 will participate in the 'anti-bullying lesson' during their scheduled period 5 class on Friday 16 August.

'RELAUNCH' - Parent Resource: SchoolTV

Online Wellbeing Assistance and Information for Parents

Because parenting doesn't come with instructions, SchoolTV is a wellbeing resource it support you with the challenges relating to modern-day parenting.



This award-winning resource helps build relationships, foster connections, enable understanding and break down barriers to navigate a pathway towards better mental health and wellbeing for young people. It can assist in starting conversations on topics that are sometimes awkward or difficult to tackle.

SchoolTV topics are conveniently arranged into a number of series. Topics feature interviews with leading youth wellbeing experts and researchers from around the world offering hours of relevant and practical information. Additionally, each topic includes a compilation of related resources from key organisations providing a comprehensive stream of content.

Resources include informative fact sheets, articles, apps, books, podcasts, websites, and other videos - all related to a single topic, in one place for easy access – and free to St Leo's parents! Jessica will be sending out regular relevant articles of interest via Compass to parents.

ACCESS SCHOOLTV HERE



Careers & Pathways

College Open Days:

- Students interested in Games, Film, VFX and Animation the <u>AIE Open Day</u> is on Sun, 11 August.
- Students interested in Food Technology and careers in the
 Food Industry and Hospitality, William Angliss Institute Open Day is on Saturday, 17 August.



TVET TAFE Applications Now Open for 2025

St Leo's has opened expressions of interest for TVET (Technical and Vocational Education and Training) courses for the 2025 academic year. Students who are currently in Year 10 or Year 11 can apply.

TVET courses are designed to offer practical, industry-focused training, allowing students to gain skills that are directly applicable to the workforce. These courses typically consist of two units delivered over one or two years and can be an excellent choice for students seeking to complement their current studies with vocational training.



For any questions or further clarification regarding the TVET courses or the application process, please contact me (Mrs Melissa Duff) and I will be happy to assist with any inquiries or provide guidance on next steps.

Multiplex Jump Start Program for Females in Construction

Last week, four of our Leo's students participated in the Multiplex Jump Start Program at Multiplex head office.

They explored what it would be like to work within the Construction



industry, learning about Design Management and Architecture. Guest speakers from the organisation answered their questions and gave insights into what it means to design and build some of Sydney's most well-known projects in a fun, informative and interactive night.

The next event being held will be focusing on engineering any female students in Years 10-12 are encouraged to contact me to register.

Mrs Melissa Duff, Careers Advisor

LIBRARY NEWS!



This week in the library, we celebrated NAIDOC Week through a wonderful selection of books. Our display books are also available for borrowing.

In recognising NAIDOC Week, we encourage students and teachers to come together to celebrate the rich history, diverse culture and achievements of Aboriginal and Torres Strait Islander peoples as the oldest continuing cultures on this planet.

The 2024 NAIDOC Week theme is 'Keep the Fire Burning! Blak, Loud and Proud'. The National NAIDOC Committee selected this theme to celebrate not only the survival but also the relentless spirit of Aboriginal and Torres Strait Islander communities.

The theme also celebrates the enduring strength of First Nations culture and offers teachers a chance to explore various topics, perspectives and experiences with students. Our book selection supports this goal through

individual or group reflection.

I look forward to seeing some of our NAIDOC Week selections borrowed and enjoyed by students and teachers.

Acknowledgements: NAIDOC Week

specific wording was found on both the official NAIDOC Week website: NAIDOC Week 2024 | ACECQA and ABC website: NAIDOC Week 2024: Education Resources - ABC Education

I would encourage anyone who has not yet looked at these wonderful resources to browse the content. Happy reading!

Mrs Victoria James – Acting Teacher Librarian

Friday 7:30am - 3:00pm

Recess (Yr. 11 & 12 ONLY)
Tuesday, Wednesday, and Friday

LIBRARY & LEARNING HUB

OPENING HOURS



WHAT'S HAPPENING IN... SCIENCE!

Science Club

Term II saw the resurrection of the Science Club with an emphasis on STEM (Science, Technology, Engineering and Mathematics) activities. We challenged students with activities where they had to come up with different solutions to a problem.

There were several challenging design activities that occurred throughout the term. Just some of them included:

- SCIENCE CLUB
- Devising a way to deposit a ping-pong ball into a paper cup located in the middle of a 2m diameter circle
- Making a wind-powered car to deliver cupcakes to a finish line
- Using the STELR energy efficient kits to design an experiment to test the effectiveness of evaporative cooling in cooling a building down.

Science Club meet every second week on a Tuesday during mentor time and recess (Weeks 2, 4, 6, 8 & 10). All students are welcome and winners of the activities are always rewarded with some appropriate chocolates and lollies. **Ms Marinovic** mostly runs the meetings, with **Mr Lane** and **Mr Gould** also leading some sessions.

Mr Chris Gould - Leader of Science

Science Week - 12 August – 20 August, 2024

Theme: Species Survival - More than Just Sustainability

Science Week Activities:

Mon 12/8	Tues 13/8	Wed 14/8	Thurs 15/8	Fri 16/8
Dress: Science Teachers and other teachers come as their favourite element of the Periodic Table Year 8 Forensic Science Incursion: Pd Class 1 8SCIA	Science Club: Brain Break Extravaganza BH1L1 Morning Tea Environmental Group: Composting BH1L1 Lunch Year 10 Depth Study Showcase: BH1L1- BHIL5 6:00 – 7:30 pm	Science Club: Demonstrations with Liquid Nitrogen BH1L1 Lunch Spotlight on Science: Can artificial intelligence be used ethically? How are virtual worlds created? How do water quality and chemistry relate? 6:30pm - 7:30pm Hornsby Library 28-44 George Street, Hornsby NSW 2077, Australia Bookings required through Trybooking	-	Careers in Science Talk: Hear from three professionals in the Science fields of Nursing, Engineering and Environmental Science. BH1L1 Lunch

Class Activities Throughout the Week:

Year 7	Year 8	Year 9	Year 10
Teaching Hooked on Cells	Forensic Incursion + Working on Project based on looking if cutting back on eating meat could help to minimise global warming.	Teaching Waves	Showcase their Depth Study to Parents

Spotlight on Science - Hornsby Library, Wed 14 August

You will hear from a panel of three scientists from different fields. They will talk about the science that has inspired them, what the future holds, and their career path choices. This event is suitable for students, emerging scientists, and anyone with an interest in science and technology.

Panellists:

- **Dr. Nakia Belmer** Freshwater Ecologist, NSW Government Department of Climate Change, Energy, the Environment and Water.
- Juan Esquivel Muelbert Aquatic Ecologist and PhD Candidate, Benthic Ecology group and Macquarie University.
- **Prof. Deborah Richards** Professor in the School of Computing, Faculty of Science and Engineering, Macquarie University.

Moderator:

• Dr Ana Rubio - Environmental Scientist - Hornsby Shire Council Estuaries and Natural Resources.

UPCOMING TERM III DATES

Note these scheduled dates **may be subject to change** throughout the year. Students and parents will be advised of changes as soon as possible via Compass notifications and/or in The Lion Roars newsletter.

* Parent/Community Events

Week	Date	Event	
3	Mon 5 Aug	HSC Trials begin CSBB Junior Basketball	
3	Mon 5 – Wed 7 Aug	Year 8 Camp	
3	Tue 6 – Thu 8 Aug	Abbey Retreat (select Year 11 students)	
3	Wed 7 Aug	CSBB Junior Rugby League	
4	Tue 13 Aug	'Mane Event' Careers Session – Trade Opportunities (Aircon & Electrical) Early Dismissal – 2.45pm Year 10 Science Showcase, 6pm (in person)	
4	Wed 14 Aug	Year 10 Parent End-of-Year Information Session, 6pm (online)	
4	Thu 15 Aug	Assumption Mass, 10am	
4	Fri 16 Aug	Year 9 2025 Subject Market	
5	Mon 19 Aug	CSBB Secondary Staff Strategy Day (Pupil Free Day except Year 12 completing Trials)	
5	Tue 20 Aug	Year 10 B Street Smart	
5	Wed 21 Aug	Student Leadership 2025 Induction Ceremony (12.30pm) CSBB Junior/Inter Boys AFL, Junior/Inter Girls Rugby 7s	
5	Thu 22 Aug	'Mane Event' Careers Session – Hospital Careers	
5	Fri 23 Aug	Year 7 Laudato Si Excursion Year 9 2025 Electives choices due	
6	Mon 26 Aug	CSBB Inter Basketball	
6	Wed 28 Aug	Parents in Partnership Mtg, 6pm (hybrid – in person & online) NSWCCC Netball	
6	Thu 29 Aug	Father's Day Liturgy & Breakfast, 7.30am Co-Curricular Photo Day CSBB Religious Art Prize submissions due	
7	Tue 3 Sep	Year 12 HSC Showcase, 5-7.30pm CSBB Athletics	
7	Wed 4 Sep	Parent Coffee & Chat, 7.45-8.30am Year 12 Reflection Day	
7	Thu 5 Sept	'Mane Event' Careers Session – Camp America	
8	Thurs 12 Sept	'Mane Event' Careers Session – Legal Careers	
8	Fri 13 Sept	Year 9 Reflection Day	
9	Tues 17 Sept	'Mane Event' Careers Session - Nursing Careers	
9	Wed 18 Sept	Year 12 Graduation Mass and Ceremony	

CAPA NEWS

Dance Results

Congratulations to the following ensembles on their recent achievements representing Dance at St Leo's and a big thank you to **Miss Bianca**, **Miss Tyler**, **Miss Bella**, **Miss McNay** and **Mrs Field** on their efforts in coaching and supporting our students.



In Week 1 of Term 3, students in Years 7-12 represented the College as our first ever Pom team at the Cheercon NSW Icebreaker Cheer and Dance competition. Pom dance is an energetic and dynamic style of dance that places emphasis on precise and synchronised arm movements, formations, jumps, and skills. It is characterised by its use of poms, which dancers hold in their hands throughout the routine. The choreography in pom dance is typically



fast-paced, visually appealing, and filled with high-energy movements.

Congratulations to our dancers on the following results.

• 1st Place & Grand Champions (Highest scoring routine for Secondary Pom).

Ryde Eisteddfod Results

On Saturday July 27, our Pride and Lions Dance ensembles competed at their first eisteddfod for the year. Each team performed energetically, creating a positive atmosphere in the theatre.

A special mention and congratulations to the Lions Jazz and Hip Hop teams who were the recipients of the 2024 Edna Wilde Dance Scholarship - well done!

Dance Results:

- 2nd Place Pride Hip Hop
- Highly Commended Pride Jazz
- Highly Commended St Leo's Company (Contemporary)

Co-Curricular Website & Contact Details:

All information regarding our CAPA Co-Curricular Program is available via our St Leo's Co-Curricular CAPA Website, we encourage you to bookmark this page.

Thank you for your ongoing support and please do not hesitate to email Mrs Field.









AROUND THE GROUNDS – SPORTS NEWS

Peninsula Cup Victory

Last Wednesday, the U/16 Boys Peninsula Cup Soccer team played in the grand final. The team qualified for the final after strong performances last term and were drawn against St Luke's who finished at minor premiers in the competition.

After going down 1-0 early in the match, the boys fought back with **Marcelo S-N** (Year 9) scoring an equaliser. With the match going end to end but neither team able to score the winner, the match went into a penalty shoot-out. **Emmanual D-N** was the hero, making three saves in the shootout and the Leo's boys holding their nerve to win 3-2. This caps off a fantastic season for the team after they won the CSBB gala day as well.



Karate Success

During the holidays, **Ethan S** (Year 9) travelled to Japan to compete in the Dream Festival full contact karate knock-out tournament. The tournament sees competitors from all over the world travel to Japan for the competition.



Ethan competed in the Year 7-9 58K division with great success. His is the first Australian competitor in his division to move past the first round, however he did not just do that but also went on to achieve 1st place. Congratulations Ethan!

CSBB Netball

Last Friday, three St Leo's Netball Teams (Juniors, Inters, and Opens) competed at the Broken Bay Championships at Pennant Hills. On the day, all students played extremely well with mixed results.

The junior team played well and this was the first time that many of the students represented the College. It is clear that the future of netball at the College is strong. The Inters girls faced tough opposition, playing three all-girls Catholic schools and had success but were narrowly beaten in two matches. The opens girls lost their first match, and went on to win their remaining games, losing in a very close semi-final to finish 4th overall.

A big thank you to Miss Hoffmann, Miss Gartner and Miss McCloghry for coaching the teams.

NAIDOC Cup – Football

Last term, **Jacob H** (Year 7) was selected in the Football NSW U/14 NAIDOC Cup team. This selection saw Jacob head to Lake Macquarie during the holidays for a 3-day tournament.

The team played two matches against Football Northern NSW, with the first one being an end to end 3-3 draw, and the second a 2-1 win to Football NSW. This meant that Jacob and his team retained the NAIDOC Cup for the third straight year.

Apart of the football experience, selection in the team also gives players a cultural experience and an opportunity to learn. Congratulations to Jacob on this impressive achievement.



State Titles – Netball



Over the holidays, several St Leo's students and staff attended the State Netball Championships at Penrith.

Throughout the three days of competition, all students performed extremely well, however I would like to make special mention to the boys



(**Joshua McK**, **Hamish D**, and **Archie McC**) from KNA who played in the inaugural U/14 Boys State titles.

Over the two days, the boys played 12 games, winning 11 of them and being crowned champions. Congratulations to all students who represented their respective teams at the state championships.

Mr Michael Kember, Leader of Sport

Community Notices

Teaching Learner drivers - The facts



As young people approach driving age it is important, they and their parents or carers are aware of what is ahead as a learner driver and how they achieve the 120 supervised driving hours in their logbook. As you may be aware, Pplate drivers are involved in more crashes than any other driving group (including learner drivers). Parents play a key role in guiding and promoting safe driving habits. Hornsby Shire Council holds a virtual presentation via Microsoft TEAMS several times a year offering practical advice and information to parents/carers and supervising drivers on how to help learner drivers become safer drivers. The presentation includes information about: • Understanding the Graduated Licensing Scheme and the current laws of L and P licence holders. • Completing the Learner driver logbook and App. • Understanding the benefits of supervised on-road driving experience. • Supervising learner drivers. • Young Driver Issues. • The Safer Drivers Course. • Lots of tips to help the supervising driver and learner. The next presentation council is offering is on Wednesday 21 August 6pm – 7.30pm. For bookings visit:

https://www.hornsby.nsw.gov.au/learnerdrivers.

COST IS FREE.



Free webinar | 10th & 11th September Parents | Teachers | Teenagers

- Find out into what "social anxiety" means and the challenges faced
 Explore the latest research and insights to build confidence

- Discover practical tools to empower young people
 Understand and help young people to break the cycle of anxiety
 Create encouraging home and school environments for growth and well-being
 How, why, where and when to seek professional help







Register for free: https://form-aus.keela.co/social-anxiety-webinar



Communicating with teenagers

Free webinar | 13th & 14th August Parents | Teachers | Teenagers

- Find out the key differences between adult and teenage communication styles
 Learn effective techniques to build empathy and understanding
 Discover proven conflict resolution methods

- Empower young people to develop healthier relationships
 How, why, where and when to seek professional help if needed







 $Register for free: \underline{form-aus.keela.co/communicating-with-teenagers-webinar}\\$