



*A Special Invitation  
to Year 5-6 Parents & Carers*

St Leo's proudly presents:

*'Helping your Child Transition to High School'*

**FREE PARENT & CARER  
INFORMATION SEMINAR:**

*Join experienced wellbeing and resilience speaker and trainer, Jacqui Van de Velde for an informative session designed specifically for Year 5-6 parents and carers.*

This seminar will provide practical tools and strategies to help you support your child through the important transition from primary to secondary school.

Jacqui will share insights on navigating the changes ahead, managing uncertainty, and fostering resilience and optimism within your family.

Expect an engaging evening filled with humour and real-life stories to help you feel confident and empowered as a parent during this time.

Equip yourself with the knowledge and confidence to support your child's journey into secondary school!

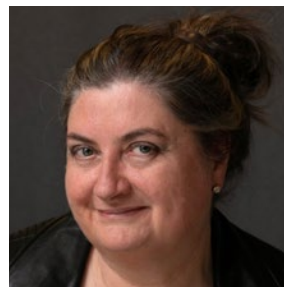
PARENTS/CARERS FROM ALL SCHOOLS WELCOME - **REGISTER NOW!**

**Wednesday, 26 November 2025, 6-7pm**

Tenison Woods Gallery, Lower Ground Floor

Mary MacKillop Centre, St Leo's Catholic College, Wahroonga

*See attached map for parking & entry information*



**Jacqui Van de Velde** is an highly-regarded professional facilitator, trainer and speaker with over 30 years experience in education, wellbeing, resilience and mental health. As Parent Engagement Coordinator (PEC) at Prouille Catholic Primary, Wahroonga, we are fortunate to have her as part of our Catholic Schools Broken Bay network and willing to share her knowledge and passion with our wider St Leo's parent community.

Click here to  
**REGISTER NOW**



# Transition to High School Parent Seminar - Wednesday 26 November 2025

- Park in Woolcott Ave/Windarra Cres and enter via GATE B, OR
- Enter via GATE D (Unwin Rd) and park on Muru Mittigar (main yard), staff carpark or the Driveway

